



CEDARS-SINAI[®]

Continuing Medical Education
8797 Beverly Blvd., Suite 250
Los Angeles, CA 90048

NON-PROFIT ORG.
U.S. POSTAGE
PAID
LOS ANGELES, CA
PERMIT #22328

Cedars-Sinai Otolaryngology: 2019 **March 15-17, 2019**

DAY 1 – OSA: Treatment of the CPAP-Intolerant Patient

DAY 2 – Sinus and Eustachian Tube Surgery: “How I Do It”

DAY 3 – ENT for the Non-ENT Provider

Earn up to 19.0 AMA PRA Category 1 Credits™!

*For the latest course information and to register,
visit cedars.cloud-cme.com/Otolaryngologycme*

Cedars-Sinai Otolaryngology: 2019

March 15-17, 2019

2 Courses, 1 Weekend!

DAY 1, MARCH 15:

OSA: Treatment of the
CPAP-Intolerant Patient

DAY 2, MARCH 16:

Sinus, Eustachian Tube and
Endoscopic Ear Surgery:
How I Do It

Target Audience:

ENT specialist pulmonologists, dentists,
sleep specialists, PAs, nurses and other
allied healthcare professionals

DAY 3, MARCH 17:

ENT for the Non-ENT Provider

Target Audience:

Primary care physicians, nurse
practitioners, nurses, physician
assistants and other allied
healthcare professionals who
work in general medicine, family
practice and pediatrics

Come to one or come to both!

CONFERENCE LOCATION

Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Dr.
Los Angeles, CA 90048

*For the latest course information and to register,
visit cedars.cloud-cme.com/Otolaryngologycme*



CEDARS-SINAI®

This dynamic and interactive three day conference will equip otolaryngologists, primary care providers, sleep specialists, and other healthcare providers with the most current clinical information, technological advances, innovative approaches, and recent guidelines to support the optimal care of patients presenting with sleep disorders and ear, nose and throat conditions.

Day One is a four hour afternoon/evening program focused on various aspects of obstructive sleep apnea, medical and surgical weight-loss therapies, utilization of dental devices, and other aspects of treating OSA and CPAP-intolerant patients. Participants will attend a working dinner and will select two of four relevant topic sessions. The day will end with a cadaver prosection demonstration of hypoglossal nerve stimulation.

Day Two offers a comprehensive exploration of sinus-center best practices. The morning session will focus on practical office-based approaches to sinus disease management and sinus surgery. Other topics to be explored include endoscopic Denker's approach for tumors of the anterior maxilla, the effect of sinus surgery on the voice, frontal drill-out with obliteration, middle turbinate management and pediatric sinus surgery. Following a working lunch, the program will update attendees on multiple aspects of eustachian tube (ET) anatomy, physiology, pathophysiology of ET dysfunction, and indications and results of ET techniques. An optional hands-on cadaver workshop will enhance skills in ET balloon dilation and other procedures.

Day Three is designed to meet the ENT needs of the primary care provider. The program agenda is divided into four sessions: Ears, Nose/Sinus, Mouth/Throat and Neck – with each session offering an in-depth review of the most important issues facing PCPs. A working lunch will encourage interaction among participants and faculty, and an afternoon Skills Lab will present a final opportunity for attendees to practice the application of acquired knowledge in an educational setting.

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 19.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONTINUING NURSING EDUCATION

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 Credit as meeting the continuing education requirements for license renewal.

REGISTRATION FEES

VISIT [CEDARS.CLOUD-CME.COM/OTOLARYNGOLOGYCME](https://cedars.cloud-cme.com/otolaryngologycme) TO REGISTER ONLINE!

Received by 02/22/2019

PHYSICIANS	\$200
NON-PHYSICIAN	\$125
*RESIDENT/FELLOW	<i>Free of charge</i>

Received after 02/22/2019

PHYSICIANS	\$225
NON-PHYSICIAN	\$150
*RESIDENT/FELLOW	<i>Free of charge</i>

**Single day pricing also available!*

Per Day: \$75 (Physician) / \$50 (Non-physician)

**Residents/Fellows are eligible to attend at no charge. To get your registration fee waived, please provide proof of residency during online registration.*

All registrations must be completed online. For the latest course information and to register, visit cedars.cloud-cme.com/Otolaryngologycme

AGENDA

FRIDAY, MARCH 15, 2019

OSA: Treatment of the CPAP-Intolerant Patient

5:00 P.M. Registration

5:50 Welcome and Introduction - What is CPAP-Intolerant?

SESSION I MODERATOR: NICHOLAS SCHENCK, MD

6:00 Medical Weight Loss Therapy Update

6:05 Surgical Weight Loss Therapy Update

6:10 The Best Dental Device Treatment

6:15 Nasal Surgery for the OSA Patient?

6:20 TBA

6:35 Maxillo-Mandibular Advancement for OSA

6:45 TBA

6:50 Q&A

6:55 Break

SESSION II MODERATORS: GARY BELLACK, MD AND JOEL EPSTEIN, DMD

7:05 XII Stimulation Therapy

7:10 Pediatric OSA Management

7:15 Home vs. Lab PSG

7:20 Sleep Endoscopy

7:25 OSA and Personal Urologic Health

7:30 TBA

7:45 **WORKING DINNER:** *Please select **two** seminars to attend*

A Nontraditional Therapies for Sleep Apnea

B Reading a PSG

C Sleep Endoscopy: How to Do It

D TBA

8:45 Optional Cadaver Prosection: Hypoglossal Nerve Stimulator Demo

9:00 P.M. Adjourn

SATURDAY, MARCH 16, 2019

Sinus and Eustachian Tube Surgery: "How I Do It"

7:30 A.M. Registration and Continental Breakfast

8:15 Welcome and Overview

SESSION I MODERATOR: GARY BELLACK, MD

8:25 Social Media and Marketing

8:32 The Role of the ENT Physician Assistant

8:39 Making a Sinus Center: "How I Do It"

8:46 Surgical Consent

8:53 TBA

9:00 New Landmarks to Make You a Better Sinus Surgeon

9:10 Open Forum/Discussion

9:20 Break

SESSION II MODERATOR: KARAN DHIR, MD

- 9:35 A.M. The Effect of Sinus Surgery on the Voice
9:42 TBA
9:49 Rhinoplasty with Sinus Surgery
9:56 Middle Turbinate Management
10:03 Inferior Turbinate Management
10:10 More New Landmarks to Make You an Even Better Sinus Surgeon
10:25 Open Forum/Discussion
10:35 Break

SESSION III MODERATOR: MATTHEW FINERMAN, MD

- 10:50 Epistaxis Management
10:57 Pediatric Sinus Surgery
11:04 Quality Assurance in Sinus Surgery
11:11 Inverted Papilloma
11:18 A Neurosurgeon's View on CSF Leaks
11:25 Evolution of Sinus Surgery: Lessons Learned Over the Past 30 Years
11:40 Open Forum/Discussion
11:45 **WORKING LUNCH:** *Please select **two** seminars to attend*
 - A** Hands-on Cadaver Lab: Comparison of Different Technologies
 - B** Management of Septum During Sinus Surgery
 - C** The Paranasal Sinuses and "E-Tube": Imaging Diagnostic Dilemmas
 - D** ACCLARENT AERA® Eustachian Tube Dilation System (Non-CME)

12:45 P.M. Break

SESSION IV MODERATOR: RONEN NAZARIAN, MD EUSTACHIAN TUBE DYSFUNCTION

- 1:00 Introduction to Eustachian Tube Surgery
1:15 Anatomy and Physiology of the Eustachian Tube
1:30 Pathophysiology of Eustachian Tube Dysfunction
1:45 Patulous Eustachian Tube
1:52 Controversies in Balloon Dilation of the Eustachian Tube
1:59 Break

SESSION V MODERATOR: RONEN NAZARIAN, MD ENDOSCOPIC EAR SURGERY

- 2:10 Principles of Endoscopic Ear Surgery
2:50 Cases in Endoscopic Ear Surgery
3:20 Endoscopic Ear Surgery Cadaver Dissection
4:20 Open Forum/Discussion
4:30 Closing Remarks/Adjournment
4:40 P.M. **OPTIONAL HANDS-ON CADAVER WORKSHOP**

SUNDAY, MARCH 17, 2019

ENT for the Non-ENT Provider

8:00 A.M. Welcome/Introduction

EARS MODERATOR: LUCIA OLARTE, MD

8:05 I Have an Earache!
8:15 My Ears are Blocked And Ringing!
8:25 I'm Dizzy; is this Vertigo?
8:35 My Face is Paralyzed!
8:45 I Have a Headache!
8:55 Break/Questions

NOSE/SINUS MODERATOR: MATTHEW LEE, MD

9:00 I Can't Breathe through my Nose!
9:10 I Have a Runny Nose!
9:20 I Can't Smell!
9:30 My Nose is Bleeding!
9:40 Break/Questions

MOUTH/THROAT MODERATOR: MARTIN HOPP, MD, PHD

10:00 I'm Hoarse!
10:10 My Snoring Keeps my Partner Awake!
10:20 I Have a Sore Throat!
10:30 Do I Have Cancer in my Mouth?
10:35 Good Taste, Bad Taste, No Taste
10:40 Break/Questions

NECK

10:50 I have a lump in my neck!
11:00 Stones, groans, and moans
11:10 What is on my skin?
11:20 I got hit in the face!
11:30 Airway emergencies
11:40 Break/Questions

11:50 **WORKING LUNCH:**
*Please select **two** seminars to attend*

12:00 P.M. **A** The Latest in Kid Stuff
B Contrast vs. No Contrast
C Vertigo vs. Dizziness
D Facial Plastic Surgery: Who Needs It vs. Who Wants It
E How to Read a PSG/How to Read an Audiogram

1:05 SKILLS LABS

EAR

A Otologic Exam, Pneumo-otoscopy, Tuning Fork, Otosim
B Cerumen and Foreign Body Removal
C Dix-Hallpike Test and Epley Maneuver

NOSE

A Nasal Endoscopy
B Nasal Foreign Body Management
C Epistaxis Management: Cautery and Packing

THROAT

A Tracheotomy Review and Tracheostomy Care
B Treatment of Peritonsillar Abscess
C Fiber-Optic Laryngoscopy

4:45 P.M. Adjourn

FACULTY

COURSE DIRECTORS

Martin Hopp, MD, PhD
Director, Otolaryngology
Medical Director, Sinus Center
Cedars-Sinai

Narine Vardanyan, MHA
(Course Administrative Director)
Administrative Services Associate
Cedars-Sinai Sinus Center
and Cedars-Sinai
Sleep Apnea Center

COURSE PLANNERS

Nabilah Ali, PA-C
(Planning Committee Faculty)
Physician Assistant
Head and Neck Surgery
Division of Otolaryngology
Cedars-Sinai

Roy Artal, MD
(Planning Committee Faculty)
Medical Director
Tower Sleep Medicine
Los Angeles, CA

Gary Bellack, MD
(Planning Committee Faculty)
Attending Otolaryngologist
Head and Neck Surgery
Division of Otolaryngology
Cedars-Sinai

Joel Epstein, DMD
(Planning Committee Faculty)
Medical Director,
Cancer Dentistry Program
Cedars-Sinai

Matthew Finerman, MD
(Planning Committee Faculty)
Attending Otolaryngologist
Cedars-Sinai Sinus Center of Excellence
Cedars-Sinai

Robert Gerber, DDS, FACD
(Planning Committee Faculty)
Director, Tower Dental Group
Tower Dental Implant Center
Los Angeles, CA

Christina McAlpin, MD
(Planning Committee Faculty)
Adult and Pediatric Otolaryngology
Head and Neck Surgery
Division of Otolaryngology
Cedars-Sinai

Ronen Nazarian, MD
(Planning Committee Faculty)
Attending Otolaryngologist
Head and Neck Surgery
Division of Otolaryngology
Cedars-Sinai

Lucia Olarte, MD

(Planning Committee Faculty)
Attending Otolaryngologist
Facial and Plastic Surgery
Cedars-Sinai

Daryoush Saadat, MD

(Planning Committee Faculty)
Attending Otolaryngologist
Cedars-Sinai Sinus Center of Excellence
Cedars-Sinai

Raquel Vasquez, PA-C

(Planning Committee Faculty)
Physician Assistant
Cedars-Sinai Medical Group
Ear, Nose and Throat (ENT) Department
Cedars-Sinai

Evan Walgama, MD

(Planning Committee Faculty)
Endoscopic Sinus and Skull Base Surgery
Department of Surgery,
Division of Otolaryngology
Assistant Professor,
Department of Surgery
Cedars-Sinai

Arthur W. Wu, MD

(Planning Committee Faculty)
Co Director, Sinus Center
Attending Otolaryngologist
Head and Neck Surgery
Cedars-Sinai

DISTINGUISHED GUEST FACULTY

Daniel Lee, MD, FACS

(Distinguished Guest Faculty)
Director, Pediatric Otology
and Neurotology
Director, Fellowship in Neurotology
Associate Professor of
Otolaryngology,
Harvard Medical School
Massachusetts Eye and Ear
Boston, MA

Ralph Metson, MD

(Distinguished Guest Faculty)
Clinical Professor of Otology and
Laryngology
Massachusetts Eye and Ear
Boston, MA

Dennis Poe, MD, PhD

(Distinguished Guest Faculty)
Associate Professor of Otology and
Laryngology, Harvard Medical School
Boston Children's Hospital
Boston, MA