CEDARS-SINAI HYPERTENSION CENTER
2017 Clinical Highlights Symposium

FRIDAY, FEBRUARY 24, 2017
7:15 A.M. TO 3:15 P.M.

CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Drive
Plaza Level, South Tower
Los Angeles, CA 90048

American Society of Hypertension
Certified Comprehensive Hypertension Center
cedars-sinai.edu/hypertension

For the latest course information and to register visit cedars-sinai.edu/cme and click on CME courses.
ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED
Despite significant advances in research, hypertension remains a leading cause of death worldwide. The Cedars-Sinai Hypertension Center 2017 Clinical Highlights Symposium will provide participants with a comprehensive review of the latest diagnostic and therapeutic approaches to this complex and multifaceted disease. Course content will explore blood pressure monitoring and resistant hypertension, general pharmacotherapy, primary aldosteronism, hypertension in chronic kidney disease, hypertensive heart disease, renovascular hypertension and other relevant topics such as lifestyle modifications. Special emphasis will be placed on the clinical recognition, evaluation and management of adrenal hypertension, including aldosterone producing adenoma and pheochromocytoma. The course format will consist of case-based lectures reviewing the latest evidence, recommendations and scientific principles, and will provide clinicians with effective strategies to incorporate into daily medical practice.

The Cedars-Sinai Hypertension Center is the only hypertension program in California to be certified as a Comprehensive Hypertension Center by the American Society of Hypertension (ASH) - the largest organization of clinical hypertension specialists and hypertension investigators in the United States. The Cedars-Sinai Hypertension Center provides comprehensive multi-specialty consultative care for patients with difficult-to-treat hypertension, secondary hypertension, and related conditions. The Center also has innovative National Institutes of Health (NIH)-funded research programs ranging from basic science on the immunologic basis of hypertension to a randomized clinical trial of a community-based barber-pharmacist-physician team approach to improve hypertension management in African-American men.

TARGET AUDIENCE
This course is designed for internists, family medicine, hospitalists, general medicine, pediatricians, nephrologists, cardiologists, endocrinologists, OB/GYN, pharmacists, nurses, nurse practitioners, physician’s assistants, and interested allied healthcare providers.

EDUCATIONAL OBJECTIVES
• Review the differential diagnosis and evaluation of the incidental adrenal mass
• Describe the most accurate methods of blood pressure monitoring and the specific implications for resistant hypertension patients
• Describe the basic approaches to pharmacological management of hypertension
• Review current methods in the diagnosis of pheochromocytoma and paraganglioma, and approaches to treatment
• Describe the role of aldosterone in the pathophysiology and treatment of high blood pressure
• Apply culturally appropriate interventions and counseling on blood pressure and treatment adherence among minority patient populations

ACCREDITATION STATEMENT
Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
Cedars-Sinai Medical Center designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES
The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

TRAINING / CREDIT DISCLAIMER STATEMENT
While offering CME credit, this course is not intended to provide extensive training for certification in the field. Approval of Category 1 credit by Cedars-Sinai Medical Center should not be construed as endorsement of any product.

POLICY ON DISCLOSURE
It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter’s content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT
We gratefully acknowledge the educational support received from the Sheila Kar Health Foundation, whose mission is to improve our community’s health by spreading and promoting education about health practices and disease prevention, the Cedars-Sinai Heart Institute, and the Cedars-Sinai Medical Center Department of Medicine.
# AGENDA

## CEDARS-SINAI HYPERTENSION CENTER 2017 Clinical Highlights Symposium

### FRIDAY, FEBRUARY 24, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:15 A.M.</td>
<td>Registration / Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome Remarks and Overview</td>
<td>Ronald Victor, MD</td>
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<tr>
<td>8:05</td>
<td>Medical Grand Rounds</td>
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<td></td>
<td>Adrenal Incidentaloma</td>
<td>Keynote Speaker: William Young, MD</td>
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<tr>
<td>9:00</td>
<td>State-of-the-Art Blood Pressure Monitoring</td>
<td>Stanley Franklin, MD</td>
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<td>9:25</td>
<td>Medical Management of Hypertension</td>
<td>Ronald Victor, MD</td>
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<tr>
<td>9:55</td>
<td>Hypertensive Heart Disease</td>
<td>Florian Rader, MD</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Primary Aldosteronism</td>
<td>William Young, MD</td>
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<tr>
<td>11:00</td>
<td>Pheochromocytoma</td>
<td>William Young, MD</td>
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<tr>
<td>11:30</td>
<td>Case Discussion</td>
<td>Panelists: Odelia Cooper, MD; Run Yu, MD, PhD</td>
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<td>12:00 P.M.</td>
<td>Lunch</td>
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<td>12:45</td>
<td>Renovascular Hypertension</td>
<td>Vito Campese, MD</td>
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<td>1:15</td>
<td>Hypertension in African American</td>
<td>Anthony Reid, MD</td>
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<tr>
<td>1:35</td>
<td>Lifestyle Modification for Hypertension</td>
<td>Sheila Kar, MD</td>
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<tr>
<td>1:55</td>
<td>Afternoon Break</td>
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<tr>
<td>2:10</td>
<td>New Directions in Hypertension</td>
<td>Ronald Victor, MD; Florian Rader, MD</td>
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<tr>
<td>2:30</td>
<td>Hypertension in Chronic Kidney Disease</td>
<td>Vito Campese, MD</td>
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<tr>
<td>3:00</td>
<td>Wrap-up and Closing Remarks</td>
<td>Ronald Victor, MD</td>
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<tr>
<td>3:15 P.M.</td>
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### ACTIVITY DETAILS

#### CONFERENCE LOCATION
Cedars-Sinai Medical Center  
8701 Gracie Allen Drive  
Harvey Morse Conference Center  
Plaza Level, South Tower  
Los Angeles, CA 90048

#### PARKING
Self-parking is available in parking lots 1, 2 and 4.
REGISTRATION

Cedars-Sinai Hypertension Center 2017 Clinical Highlights Symposium
FEBRUARY 24, 2017

REGISTRATION FEES

<table>
<thead>
<tr>
<th>PHYSICIAN</th>
<th>**NON-PHYSICIAN</th>
<th>*RESIDENT/FELLOW</th>
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<tbody>
<tr>
<td>Received by 2/5/17</td>
<td>$150</td>
<td>$75</td>
</tr>
<tr>
<td>Received after 2/5/17</td>
<td>$175</td>
<td>$100</td>
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*Residents/Fellows are eligible to attend at no charge or for a reduced registration fee. For this reduced fee, please send the written proof of residency (e.g. letter from the Program Director) along with your completed registration form or upload the written proof of residency online.

**Nurses; nurse practitioners; physician’s assistants; pharmacists.

REGISTRATION METHODS

ONLINE registration: cedars-sinai.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center
Office of Continuing Medical Education, Attn: Registration
8797 Beverly Blvd., Suite #250, Los Angeles, CA 90048

FAX form to: 310-423-8596
For additional course or registration information call 310-423-5548.

Please print clearly

LAST NAME ______________________ FIRST NAME ______________________

DEGREE ______________________ SPECIALTY ______________________

ADDRESS ______________________

CITY ______________________ STATE _______ ZIP ______________________

PHONE ______________________ FAX ______________________

EMAIL ______________________

*An email address is required to register for the conference.

CHECK ENCLOSED PAYABLE TO CSMC FOR $ ______________________

PLEASE CHARGE MY CREDIT CARD

☐ VISA ☐ MASTERCARD ☐ AMEX FOR $ ______________________

CC NUMBER ______________________ CCV _______ EXP DATE _______/____

AUTHORIZED SIGNATURE ______________________

HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

☐ Brochure/Other Printed Materials ☐ Cedars-Sinai Website ☐ Email

☐ Internet Search ☐ Colleague ☐ Past Participant

☐ Internal Cedars-Sinai Communication ☐ Other ______________________

CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

REFUND POLICY

All cancellations must be submitted in writing and refunds will be subject to a $45 administrative charge. No refunds will be given after February 17, 2017.

CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.
COURSE DIRECTOR
Ronald G. Victor, MD
Director, Cedars-Sinai Hypertension Center
Associate Director, Cedars-Sinai Heart Institute
Burns and Allen Chair in Cardiology Research
Professor of Medicine
Cedars-Sinai Medical Center
ASH Clinical Hypertension Specialist

STEERING COMMITTEE MEMBERS AND FACULTY
Odelia B. Cooper, MD
Assistant Professor of Medicine
Division of Endocrinology, Diabetes & Metabolism
Pituitary Center
Cedars-Sinai Medical Center
ASH Clinical Hypertension Specialist

Stanley S. Franklin, MD
Nephrologist
Department of Medicine
Cedars-Sinai Medical Center
ASH Clinical Hypertension Specialist

Sheila Kar, MD, FACC
Cardiologist & Past-Clinical Chief
Cedars-Sinai Heart Institute

Florian Rader, MD, MSc
Assistant Professor of Medicine
Co-Director of Clinic for Hypertrophic Cardiomyopathy and Aortopathies
Cardiologist
Cedars-Sinai Hypertension Center and Heart Institute
ASH Clinical Hypertension Specialist

Anthony Reid, MD
Cardiologist
Cedars-Sinai Medical Center

KEYNOTE SPEAKER
William F. Young, MD, MSc
Professor of Medicine
Tyson Family Endocrinology Clinical Professor Chair, Division of Endocrinology, Diabetes Metabolism, and Nutrition
Mayo Clinic College of Medicine
Rochester, MN

COURSE FACULTY
Vito M. Campese, MD
Professor of Medicine
Division Chief, Department of Nephrology
Keck School of Medicine at USC
Los Angeles, CA
ASH Clinical Hypertension Specialist

Run Yu, MD, PhD
Associate Professor of Medicine
Division of Endocrinology
UCLA David Geffen School of Medicine
Los Angeles, CA
Register Now for:

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