

# ACTIVITY INFORMATION

## COURSE DESCRIPTION AND STATEMENT OF NEED

This conference will focus on neuromyelitis optica spectrum disorders (NMOSD), generally referred to as NMO, uncommon disease syndromes of the central nervous system that affect the optic nerves and spinal cord. Individuals with NMOSD develop optic neuritis, which causes pain in the eye and vision loss, and transverse myelitis, which causes weakness, numbness and sometimes paralysis of the arms and legs, along with sensory disturbances.

Led by expert faculty, you will learn about these challenging disorders and the importance of a careful diagnosis and early intervention using the latest medical approaches. A unique feature of this program is a concurrent patient education program conducted in collaboration with the Guthy-Jackson Charitable Foundation.

## TARGET AUDIENCE

This course is designed to meet the educational needs of internal medicine physicians, neurologists, ophthalmologists, rheumatologists, neurosurgeons, pediatricians/pediatric neurologists and interested allied healthcare professionals. In addition, patients with NMOSD are invited to participate in the educational conference, enroll in the Collaborative International Research in Clinical and Longitudinal Experience in NMOSD Studies (CIRCLES) and have specimen collection done.

## EDUCATIONAL OBJECTIVES

- Describe the clinical and laboratory features that distinguish neuromyelitis optica spectrum disorders from multiple sclerosis
- Summarize the diagnostic workup and differential diagnosis for neuromyelitis spectrum disorders
- Counsel patients on the importance of a healthy lifestyle to strengthen the immune system, increase mobility, and reduce fatigue and depression
- Recommend participation in clinical trials for patients or family members who meet inclusion criteria
- Identify which patients would benefit from newer disease-modifying therapies
- Prescribe appropriate disease-modifying therapies for neuromyelitis spectrum disorders
- Describe and apply the new diagnostic criteria for neuromyelitis spectrum disorders

## ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 credit as meeting the continuing education requirements for license renewal.

## PATIENTS

During the course of this educational event, there will be the opportunity to enroll in CIRCLES and have specimen collections taken.

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CONTINUING MEDICAL EDUCATION



8797 Beverly Blvd., Suite 250  
Los Angeles, CA 90048

**REGISTER TODAY!**

**LATEST UPDATES ON NEUROMYELITIS OPTICA (NMO)**  
First Annual Conference for Healthcare Professionals and Patients

Sunday, November 6, 2016  
Cedars-Sinai Medical Center  
Los Angeles, CA 90048



**CEDARS-SINAI**<sup>®</sup>

**LATEST UPDATES ON  
NEUROMYELITIS OPTICA (NMO)**  
First Annual Conference for Healthcare  
Professionals and Patients

**SUNDAY, NOVEMBER 6, 2016**  
7:30 A.M.-2:00 P.M.

## COURSE DIRECTOR

Nancy L. Sicotte, MD  
Director, Multiple Sclerosis Program  
Professor and Vice Chair for Education  
Department of Neurology  
Cedars-Sinai Medical Center  
Los Angeles, CA

## CONFERENCE LOCATION

Cedars-Sinai Medical Center  
Advanced Health Sciences Pavilion  
Pavilion Education Center, Plaza Level  
127 S. San Vicente Blvd.  
Los Angeles, CA 90048

Offered in collaboration with the

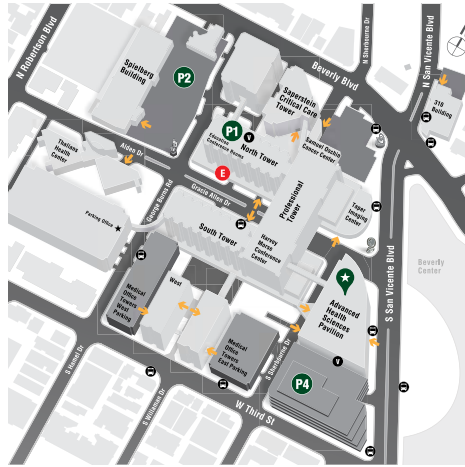


For the latest course information and to register,  
visit [cedars-sinai.edu/cme](http://cedars-sinai.edu/cme) and click on CME Course Calendar.

# ACTIVITY DETAILS

## CONFERENCE LOCATION

Cedars-Sinai Medical Center  
 Advanced Health Sciences Pavilion  
 Pavilion Education Center, Plaza Level  
 127 S. San Vicente Blvd.  
 Los Angeles, CA 90048



## PARKING

Self-parking is available in visitor parking lots P1, P2 (George Burns Road) or P4 (Sherbourne Drive).

## COURSE DIRECTOR

Nancy L. Sicotte, MD  
*Cedars-Sinai Medical Center*

## FACULTY

- Lilyana Amezcua, MD  
*Keck Medicine of USC*
- Alexander Brandt, MD  
*Charité - University Medicine Berlin*
- Marwa Kaisey, MD  
*Cedars-Sinai Medical Center*
- Annette Langer-Gould, MD, PhD  
*Kaiser Permanente*
- Mark Morrow, MD  
*Harbor-UCLA Medical Center*
- Michael Sy, MD, PhD  
*UC Irvine School of Medicine*
- Daniel Wallace, MD  
*Cedars-Sinai Medical Center*

# REGISTRATION

**ONLINE REGISTRATION:** Visit [cedars-sinai.edu/cme](http://cedars-sinai.edu/cme) and click on CME Course Calendar.

**MAIL FORM TO:** Cedars-Sinai Medical Center  
 Office of Continuing Medical Education, Attn: Registration  
 8797 Beverly Blvd., Suite 250, Los Angeles, CA 90048

**FAX FORM TO:** 310-423-8596

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Degree \_\_\_\_\_ Specialty \_\_\_\_\_  
 Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Email\* \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

\* An email address is required to register for the conference.

REGISTRATION FEES	PHYSICIAN	NON-PHYSICIAN	RESIDENT/FELLOW	NMO PATIENT/CAREGIVER
Received by October 17, 2016	\$100.00	\$85.00	<i>free of charge</i>	<i>free of charge</i>
Received after October 17, 2016	\$120.00	\$100.00	<i>free of charge</i>	<i>free of charge</i>

Check enclosed payable to CSMC for \$ \_\_\_\_\_ Please charge my credit card  Visa  MasterCard  AmEx for \$ \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CCV Code \_\_\_\_\_

Authorized Signature \_\_\_\_\_

## HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

Brochure/Other Printed Materials  Cedars-Sinai Website  Email  Internet Search  Colleague  
 Internal CSMC Communication  Other \_\_\_\_\_

## NMO PATIENTS ONLY

1. Are you enrolled in CIRCLES already?  Yes  No  
 2. If yes, at which site are you enrolled? \_\_\_\_\_

## REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given after October 24, 2016.

## SCHEDULE OF EVENTS

SUNDAY, NOVEMBER 6, 2016

**7:30-8:00 A.M.**  
 Registration and continental breakfast

**8:00 A.M.-12:00 P.M.**  
 CME conference for healthcare professional and patients\*

**12:00-12:30 P.M.**  
 Lunch break

**12:30-2:00 P.M.**  
 NMO Clinical Trial update (non-CME)

**2:00 P.M.**  
 Conference adjourns

\*During the course of this educational event, patients will have the opportunity to enroll in CIRCLES and have specimen collections taken.

## CONFERENCE TOPICS WILL INCLUDE:

- NMOSD Immunology, Presentation and Diagnostic Criteria
- Rheumatology and Overlapping Syndromes
- Visual Outcomes and Neurophysiology Impacts
- New and Emerging Treatment Options
- Treatment Algorithms and Symptom Management