Twelfth Annual Course on Office and Urgent Care Orthopaedics: The Essentials of Musculoskeletal Care

SATURDAY, MAY 2, 2020
A course for primary care, urgent care and emergency room physicians, nurse practitioners, physician assistants, physical and occupational therapists and all healthcare professionals who diagnose and treat orthopaedic injuries.

ALL NEW TOPICS AND EXPANDED HANDS-ON WORKSHOPS!

COURSE DIRECTOR
Glenn Pfeffer, MD
Director, Foot and Ankle Center
Department of Orthopaedics
Cedars-Sinai Medical Center

DEPARTMENT CHAIR
Mark Vrhas, MD
Chair and Professor
Department of Orthopaedics
Cedars-Sinai Medical Center

CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Auditorium
8701 Gracie Allen Drive
Los Angeles, CA 90048

Register Online: https://cedars.cloud-cme.com/officeorthocme
Parking is available at any Cedars-Sinai Medical Center parking lots for a rate of $15.00 for the day.

Phone for additional information: 310-423-5548

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

REGISTRATION

REGISTER ONLINE: https://cedars.cloud-cme.com/officeorthocme

REGISTRATION FEES

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<tr>
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<th>PHYSICIANS</th>
<th>NON-PHYSICIANS</th>
<th>RESIDENTS/FELLOWS*</th>
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<tr>
<td>Received by 4/24/2020</td>
<td>$180</td>
<td>$140</td>
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<tr>
<td>Received after 4/24/2020</td>
<td>$210</td>
<td>$160</td>
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The registration fee includes CME credit, course materials and meal functions.
ACTIVITY INFORMATION

COURSE DESCRIPTION
We will review the essentials of acute and chronic musculoskeletal care with focused lectures, case discussions and intensive hands-on workshops. The workshops will focus on the examination, differential, treatment options, injection techniques and red flags for each diagnosis. Seating for each workshop is limited.

ACCREDITATION STATEMENT
Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
Cedars-Sinai Medical Center designates this live activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only credits commensurate with the extent of their participation in the activity.

NON-PHYSICIAN ATTENDANCE
A certificate of participation will be provided to other health care professionals requesting credits. Participants should ensure in advance that their credentialing or licensing organization accepts AMA PRA Category 1 Credits™.

COURSE OBJECTIVES
• Apply hands-on physical examination of the back, shoulder, hand, hip, knee and foot/ankle
• Discuss the acute treatment of adult and pediatric orthopaedic emergencies
• Describe acute evaluation and treatment of fractures, dislocations, back and sports injuries
• Identify commonly missed orthopaedic diagnoses
• Evaluate basic and advanced imaging techniques
• Describe an orthopaedic perspective on chronic musculoskeletal pain management
• Explain how to teach home-based physical therapy programs
• Discuss hands-on techniques for cortisone, viscosupplementation, and platelet rich plasma injections
• Discuss how to help your patients avoid unnecessary surgery
7:30 A.M.  Registration and Continental Breakfast

8:00  Welcome and Overview  
      *Mark Vrahas, MD; Glenn Pfeffer, MD*

8:05  Orthopaedic Urgent Care and Emergencies  
      *Carol Lin, MD*

8:25  Updates on Acute Musculoskeletal Infection  
      *Richard Sokolov, MD*

8:40  Osteoporosis and Fragility Fractures  
      *Kathleen Breda, NP, ONP-C*

8:55  A Radiologic Primer and the Role for Advanced Imaging  
      *Joseph Robinson, MD*

9:10  Commonly Missed Serious Orthopaedic Injuries  
      Panelists:  
      *Carol Lin, MD; Glenn Pfeffer, MD; Michael Stone, MD*

9:40  Panel Discussion and Case Presentations

10:20 A.M. – 12:20 P.M.  
**HANDS-ON WORKSHOPS SESSION I**  
Workshops will focus on the Examination, Differential, Treatment Options, Injection Techniques and Red Flags for each diagnosis  

*Attendees Should Choose (2) Sessions - (1) Hour Each*  
*These sessions will be repeated again in the afternoon*

1. Fractures and Splint Application  
   *Charles Moon, MD; Carol Lin, MD; Jonathan Domingo, OTC*

2. The Shoulder: Arthritis, Tendinitis, Rotator Cuff Tears, and Dislocation  
   *Michael Stone, MD; Carlos Uquillas, MD*

3. The Hip and Knee: Ligament Injury, Meniscal Tears and Arthritis  
   *Guy Paiement, MD; Joseph Isaacson, MD; Sean Rajee, MD*

4. The Foot and Ankle: Achilles Injuries, Ankle Sprains, Plantar Fasciitis and Neuromas  
   *Glenn Pfeffer, MD; Tamer Younan, DPM*

5. The Hand and Elbow: DeQuervain's, Carpal Tunnel, Trigger Finger, and Tennis Elbow  
   *Ryan Dellamaggiore, MD; Ryu Yoshida, MD*

6. The Back: Acute and Chronic Pain, Trigger Points, Arthritis and Herniated Discs  
   *Sang Kim, MD; Robert Ryu, MD*

12:30  Box Lunch: Elective Case-Based Discussion during Lunch

1:15  Home-Based Physical Therapy Protocols for the Back, Shoulder and Knee  
      *Dwight Baldoman, PT*

1:30  Chronic Orthopaedic Pain Management  
      *Howard Rosner, MD*

1:45  The Use of Platelet Rich Plasma, Viscosupplementation and Cortisone Injections  
      *Casey Batten, MD*

2:00  Panel Discussion

2:30  Hands-On Workshops Session II  
      *Attendees Should Choose (2) Sessions, (1) Hour Each*  
      *(See Morning Workshop Topics)*

4:30 P.M.  Adjourn
FACULTY

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REGISTER NOW