



CEDARS-SINAI®
DEPARTMENT OF SURGERY

9TH ANNUAL LOS ANGELES ORTHOPEDIC TRAUMA COURSE:
HOT TOPICS IN ORTHOPEDIC TRAUMA

SATURDAY, OCT. 21, 2017

COURSE DIRECTOR

Donald A. Wiss, MD

CONFERENCE LOCATION:

Sofitel Los Angeles at Beverly Hills

8555 Beverly Blvd.

Los Angeles, CA 90048

For the latest course information and to register, visit cedars-sinai.edu/orthotraumacme

Agenda

7:00-7:55 A.M.	Registration – Breakfast – Exhibit	
7:55-8:00	Welcome and Announcements	<i>Donald A. Wiss, MD</i>

SESSION I: UPPER EXTREMITY FRACTURES

Moderator: *Donald A. Wiss, MD*

8:00-8:15	Displaced Distal Clavicle Fractures with CC Disruption: Management Strategies Speaker: <i>Thomas Kremen, MD</i>
8:15-8:30	Displaced Proximal Humeral Factures: Improving Outcomes Speaker: <i>Donald A. Wiss, MD</i>
8:30-8:45	Displaced Proximal Humerus Fractures: Indications for Reverse Shoulder Arthroplasty Speaker: <i>Ryan DellaMaggoria, MD</i>
8:45-9:00	Intra-Articular Distal Humerus Fractures: Is an Olecranon Osteotomy Necessary? Speaker: <i>Milton Little, MD</i>
9:00-9:15	Displaced Distal Humerus Fractures in the Elderly: Primary Total Elbow Arthroplasty Speaker: <i>Charles Moon, MD</i>
9:15-9:30	Terrible Triad Injuries: Diagnosis and Management Speaker: <i>Ryan DellaMaggoria, MD</i>
9:30-9:45	Discussion
9:45-10:00	Break and Exhibits

SESSION II: HIP AND FEMUR

Moderator: *Mark Vrahas, MD*

10:00-10:15	Displaced Femoral Neck Fractures: Indications for Total Hip Replacement Speaker: <i>Brad Penenberg, MD</i>
10:15-10:30	Arthroplasty for Femoral Neck Fractures: Picking the Right Surgical Approach Speaker: <i>Guy Paiement, MD</i>
10:30-10:45	Intertrochanteric Hip Fractures: Should All Patients Get a Nail? Speaker: <i>Milton Little, MD</i>
10:45-11:00	Discussion
11:00-11:15	Peri-Prosthetic Proximal Femur Fractures: A Treatment Algorithm Speaker: <i>Mark Vrahas, MD</i>
11:15-11:30	Subtrochanteric Femur Fractures: Reduction Techniques and Tricks Speaker: <i>Donald A. Wiss, MD</i>
11:30-11:45	Supracondylar Femur Fractures: Plate or Nail Speaker: <i>Charles Moon, MD</i>
11:45-12:00 P.M.	Discussion
12:00-1:00	Lunch and Exhibits

SESSION III: KNEE, TIBIA, ANKLE AND FOOT

Moderator: *Charles Moon, MD*

1:00–1:15	Patella Fractures: The Forgotten Peri-Articular Fracture Speaker: <i>Milton Little, MD</i>
1:15–1:30	Intra-Medullary Nailing of the Proximal and Distal Tibia Fractures: Technical Points and Reduction Tips Speaker: <i>Carol Lin, MD</i>
1:30–1:45	The Dreaded Pilon Fracture: Reducing Complications Speaker: <i>Donald A. Wiss, MD</i>
1:45–2:00	Discussion
2:00–2:15	Ankle Syndesmotic Injuries: What is the Current Consensus? Speaker: <i>Carol Lin, MD</i>
2:15–2:30	Post-Traumatic Ankle Arthritis: Arthrodesis or Arthroplasty Speaker: <i>Glenn Pfeiffer, MD</i>
2:30–2:45	Calcaneus Fractures: Emerging Techniques in Treatment Speaker: <i>Carol Lin, MD</i>
2:45–3:00	Discussion
3:00–3:15	Refreshment Break and Exhibits

SESSION IV: CONTROVERSIAL TOPICS IN CURRENT TRAUMA CARE

Moderator: *Carol Lin, MD*

3:15–3:30	The Timing of Fracture Care: Who Requires Night Surgery Speaker: <i>Adam Neustein, MD</i>
3:30–3:45	Bone Graft, Substitutes, Growth Factors Speaker: <i>Donald A. Wiss, MD</i>
3:45–4:00	Post-Operative Orthopedic Infection: Diagnosis and Management Speaker: <i>Charles Moon, MD</i>
4:00–4:15	Osteoporosis Update for Orthopedic Surgeons Speaker: <i>Milton Little, MD</i>
4:15–4:30	The Patient Perspective Speaker: <i>Donald A. Wiss, MD</i>
4:30–4:45	Discussion
4:45 P.M.	Adjourn

Activity Information

COURSE DESCRIPTION AND STATEMENT OF NEED

Orthopedic trauma involves serious injuries to bones and joints, including complex fractures and dislocations that can result in complications. These potentially limb-threatening or life-altering injuries are commonly the result of high-energy trauma from car accidents, falls, sporting activities and industrial accidents, and require critical decision-making strategies for immediate care and surgical interventions. With more patients with complex injuries remaining at the admitting hospital, the responsibility for care rests with surgeons practicing at non-trauma hospitals. This has increased the need for surgeons who take emergency calls to be current with contemporary methods of fracture management.

This conference will present the latest techniques and algorithms in the care of patients with complex upper- and lower-extremity injuries, hip and femur fractures, and tibia, knee and ankle injuries, for the benefit of orthopedic surgeons, emergency room physicians and other clinicians and healthcare professionals. Expert faculty will explore improving outcomes for displaced proximal humeral fractures, discuss the indications for total hip replacement, provide reduction techniques and tricks for subtrochanteric femur fractures and intra-medullary nailing of proximal and distal tibia fractures, and cover controversial topics in current trauma care using a combination of didactic lectures, case studies, panel discussions and audience engagement.

TARGET AUDIENCE

This activity is designed to meet the educational needs of orthopedic surgeons, emergency room physicians, physician assistants, residents, fellows, nurse practitioners and registered nurses on the latest techniques and algorithms for the care of patients with complex musculoskeletal problems.

EDUCATIONAL OBJECTIVES

- Identify emerging technologies and methodologies in the management of upper-extremity fractures
- Identify the mechanism of injury and surgical approaches used to treat terrible triad injuries while providing adequate stability for early elbow range of motion and preventing elbow stiffness
- Apply orthopedic trauma assessment principles for hip and femur fractures and evaluate surgical intervention options for fracture stabilization and treatment
- Recognize the different types of knee, tibia, ankle and foot fractures and select the proper diagnostic evaluation and surgical approach for each type of injury
- Discuss controversial topics in orthopedic trauma care, including timing of fracture care, bone grafts, post-op infection and osteoporosis

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 credit as meeting the educational requirements for license renewal.

PHYSICAL THERAPISTS

Cedars-Sinai Medical Center is an approved provider for the Physical Therapy Board of California. This course meets the requirements for 4.0 hours of continuing competency.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity and scientific rigor in all its educational activities. Cedars-Sinai Medical Center assesses conflicts of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Commercial support for this conference is pending and will be acknowledged at the event.

Registration

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REGISTRATION METHODS:

ONLINE REGISTRATION: visit cedars-sinai.edu/orthotraumaacme

MAIL FORM TO: Cedars-Sinai Medical Center

Office of Continuing Medical Education, Attn: Registration

8797 Beverly Blvd., Suite 250, Los Angeles, CA 90048

FAX FORM TO: 310-423-0309

For additional course or registration information, call 310-423-5548.

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City _____ State _____ ZIP _____

Email* _____ Phone _____ Fax _____

** An email address is required to register for the conference.*

REGISTRATION FEES

Physician	Non-Physician (RN, NP, PA, PT)	Resident/Fellow	Medical Student
<input type="checkbox"/> \$200	<input type="checkbox"/> \$125	<input type="checkbox"/> \$75	<input type="checkbox"/> \$50

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CONFIRMATION

Registration confirmations will be sent by email. If you do not receive a confirmation, please call 310-423-5548 or email cme@cshs.org

REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given after October 9, 2017.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

COURSE DIRECTOR

Donald A. Wiss, MD

Director, Orthopaedic Trauma
Cedars-Sinai Orthopaedic Center
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CEDARS-SINAI COURSE FACULTY

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Mark S. Vrahas, MD

Chair, Department of Orthopaedics
Cedars-Sinai Orthopaedic Center

Activity Details

HOTEL ACCOMMODATIONS

For a detailed list of hotels convenient to the medical center, please visit cedars-sinai.edu/visitors, select Patient & Visitor Information from the left navigation bar, continue to Los Angeles Area Resources and select Lodging. When making reservations at any of these hotels, please be sure to mention that you are attending a conference at Cedars-Sinai to ensure you receive the best current reservation rate.



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