



**CEDARS-SINAI®**  
DEPARTMENT OF NEUROLOGY

## ADVANCES IN PARKINSON'S DISEASE: A MULTIDISCIPLINARY APPROACH

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SATURDAY, OCTOBER 7, 2017  
7:30 A.M. – 5:00 P.M.

*This conference will explore the challenges and opportunities facing clinicians and healthcare professionals in the management of patients with Parkinson's Disease (PD).*



### CONFERENCE LOCATION

Sofitel Los Angeles at Beverly Hills  
8555 Beverly Boulevard  
Los Angeles, CA 90048

*For the latest course information and to register visit [cedars-sinai.edu/parkinsonscme](http://cedars-sinai.edu/parkinsonscme).  
You may also call the CME Office at 310-423-5548.*

# ACTIVITY INFORMATION

## COURSE DESCRIPTION AND STATEMENT OF NEED

This conference will explore the challenges and opportunities for clinicians and healthcare professionals managing patients with Parkinson's Disease (PD). PD is the 14th-leading cause of death in the United States. An estimated 1.5 million individuals have PD, with approximately 60,000 new cases diagnosed every year. To meet the needs of this patient population, this conference will bring together expert faculty with unique, multidisciplinary scientific and clinical backgrounds to update participants on recent advances in the multidisciplinary care approach, cognitive changes, medication management, deep brain stimulation and new devices. Other topics to be addressed include the importance of healthy sleep habits, managing depression and anxiety, emphasizing gait and balance and the influence of developing a healthy lifestyle.

## TARGET AUDIENCE

This educational activity is intended for primary care physicians, internists, neurologists and healthcare professionals involved in the care of patients with movement disorders.

## EDUCATIONAL OBJECTIVES

- Indicate the new definition and criteria for identifying patients with PD and use these for early detection and identification of symptoms
- Identify all non-motor symptoms and know the proper ways to address issues such as sleep and cognitive
- Describe surgical approach for PD patients who are eligible for Deep Brain Stimulation

## ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



## CREDIT DESIGNATION

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only credits commensurate with the extent of their participation in the activity.

## NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

## POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

# AGENDA

7:30 A.M.	Breakfast and registration	
8:15	Welcome	<i>Patrick Lyden, MD</i>
8:30	200 years of PD: From the shaking palsy to the non-motor revolution	<i>Michele Tagliati, MD</i>
9:15	Diagnosis and cognitive management of dementia in PD	<i>Jeffrey Wertheimer, PhD</i>
10:00	Coffee Break	
10:15	Psychiatric complications of PD: A frequent problem at every stage of the disease	<i>Waguih IsHak, MD</i>
11:00	Sleep habits and disorders associated with PD	<i>Emmanuel Durrig, MD</i>
12:00 P.M.	Lunch	
1:00	Keynote Address: Pre-motor symptoms: When does PD really start?	<i>Mayela Rodriguez- Violante, MD</i>
1:45	Current and evolving medical treatments for PD	<i>Echo Tan, MD</i>
2:30	Physical therapy and exercise to drive brain changes in PD	<i>Julie Hershberg, PT, DPT, NCS</i>
3:15	Coffee Break	
3:30	Advancing technologies in Deep Brain Stimulation	<i>Adam Mamelak, MD</i>
4:15	Clinical Trials: Present challenges and future promises	<i>Elliot Hogg, MD</i>
5:00 P.M.	Adjourn	



# REGISTRATION

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### REGISTRATION METHODS

**ONLINE** registration at: [cedars-sinai.edu/parkinsonscme](http://cedars-sinai.edu/parkinsonscme)

**MAIL** registration form and payment (checks payable to Cedars-Sinai Medical Center) to:  
Cedars-Sinai Medical Center

Office of Continuing Medical Education, Attn: Registration  
8797 Beverly Blvd., Suite 250, Los Angeles, CA 90048

**FAX** completed registration form with credit card information to: 310-423-8596

*For additional course or registration information, call 310-423-5548.*

REGISTRATION FEES	MDS	NON-MDS	RESIDENT/ FELLOW*
Received by 9/12/17	<input type="checkbox"/> \$185.00	<input type="checkbox"/> \$85.00	<input type="checkbox"/> \$50.00
Received by 9/22/17	<input type="checkbox"/> \$200.00	<input type="checkbox"/> \$100.00	<input type="checkbox"/> \$50.00
Received after 9/22/17	<input type="checkbox"/> \$225.00	<input type="checkbox"/> \$115.00	<input type="checkbox"/> \$50.00

*\*Residents/Fellows are eligible to attend for a reduced registration fee. To receive this reduced fee, please send written proof of residency (i.e. letter from Program Director) along with your completed registration form or upload the written proof of residency online.*

**THE REGISTRATION FEE INCLUDES CME CREDIT, COURSE MATERIALS AND MEAL FUNCTIONS.**

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

DEGREE \_\_\_\_\_ SPECIALTY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL\* \_\_\_\_\_

*\*An email address is required to register for the conference. All course materials are available on line via the email information that will be sent to you at the email address you use to register.*

CHECK ENCLOSED PAYABLE TO CSMC FOR \$ \_\_\_\_\_

PLEASE CHARGE MY CREDIT CARD ☐ VISA ☐ MASTERCARD ☐ AMEX FOR \$ \_\_\_\_\_

CC NUMBER \_\_\_\_\_ CCV \_\_\_\_\_ EXP DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_

### HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Brochure/Other Printed Materials    | <input type="checkbox"/> Cedars-Sinai Website | <input type="checkbox"/> Email            |
| <input type="checkbox"/> Internet Search                     | <input type="checkbox"/> Colleague            | <input type="checkbox"/> Past Participant |
| <input type="checkbox"/> Internal Cedars-Sinai Communication | <input type="checkbox"/> Other _____          |   |

### CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address or fax number. If you do not receive a confirmation, please call (310) 423-5548 to confirm your registration.

### REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50.00 administrative charge. No refunds will be given after September 22, 2017. Please e-mail cancellation requests to [cme@cshs.org](mailto:cme@cshs.org). If you do not receive confirmation of your cancellation via e-mail, please call 310-423-5548.

### CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred because of cancelled transportation costs.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you

# CEDARS-SINAI COURSE FACULTY

## COURSE DIRECTOR

### **Michele Tagliati, MD**

Caron and Steven D. Broidy Chair  
in Movement Disorders  
Director, Movement Disorders Program  
Vice Chair and Professor  
Department of Neurology

## COURSE CO-DIRECTOR

### **Echo E. Tan, MD**

Movement Disorders Specialist  
Department of Neurology

## FACULTY

### **Patrick D. Lyden, MD**

Chair, Department of Neurology  
Director, Stroke Program  
Carmen and Louis Warshaw Chair in Neurology  
Medical Director, Neurovascular Laboratory

### **Adam N. Mamelak, MD**

Co-Director, Pituitary Center  
Director, Functional Neurosurgery Program  
Professor, Department of Neurosurgery  
Department of Neurosurgery

### **Elliot J. Hogg, MD**

Movement Disorders Specialist  
Department of Neurology

### **Jeffrey Wertheimer, PhD**

Clinical Neuropsychologist  
Department of Physical Medicine  
and Rehabilitation

### **Waguih W. IsHak, MD, FAPA**

Vice Chairman for Education and Research  
Department of Psychiatry and Behavioral  
Neurosciences  
Associate Professor, Psychiatry

## GUEST FACULTY

### **Emmanuel H. During, MD**

Clinical Assistant Professor, Psychiatry  
and Behavioral Sciences  
Stanford Center for Sleep Sciences and Medicine  
Clinical Assistant Professor,  
Neurology & Neurological Sciences  
Stanford University School of Medicine  
Stanford, CA

### **Mayela Rodríguez-Violante, MD**

Neurologist  
National Institute of Neurology  
and Neurosurgery  
Mexico City, Mexico

### **Julie Hershberg PT, DPT, NCS**

Adjunct Instructor of Physical Therapy  
USC Division of Biokinesiology and  
Physical Therapy  
Los Angeles, CA





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*Register today!*

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