



# 2018 Multi-Specialty Plastic Surgery Symposium and the Bernard G. Sarnat, MD Lectureship

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SATURDAY, NOV. 3 – SUNDAY, NOV. 4, 2018

**EARN UP TO 16.0 AMA PRA CATEGORY 1 CREDITS™!**

#### CONFERENCE LOCATION

Cedars-Sinai Medical Center  
Harvey Morse Conference Center  
8700 Gracie Allen Dr.  
Los Angeles, CA 90048

**For the latest course information and to register, visit  
[cedars.cloud-cme.com/plasticsurgerycme](https://cedars.cloud-cme.com/plasticsurgerycme)**



**CEDARS-SINAI®**

# 2018 Multi-Specialty Plastic Surgery Symposium and the Bernard G. Sarnat, MD Lectureship

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The 2018 symposium will offer participants clinical programming that provides surgical and nonsurgical options to help healthcare professionals meet the needs of their patients. Content will cover multiple aspects of facial rejuvenation, rhinoplasty, MOHS nasal reconstruction and blepharoplasty, and there will be a special presentation on outreach efforts in comprehensive cleft care.

Attendees will learn the latest advances in revision breast surgery, craniosynostosis, management of migraine headaches and complex venous malformation therapy. Body contouring techniques, including fat grafting, non-surgical and post-bariatric approaches will also be presented.

Following each of four sessions, a faculty panel will discuss challenging cases, explore the role of reconstructive/cosmetic surgery in private and academic practice, and explore trends in plastic surgery.

## **ACCREDITATION STATEMENT**

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## **CREDIT DESIGNATION STATEMENT**

Cedars-Sinai Medical Center designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## REGISTRATION FEES

Physician	<b>\$300</b>
Non-Physician	<b>\$225</b>
Resident/Fellow	<b>\$150</b>

TO REGISTER VISIT

[cedars.cloud-cme.com/plasticsurgerycme](https://cedars.cloud-cme.com/plasticsurgerycme)

# AGENDA

Saturday, November 3, 2018

## FACIAL AND NASAL PLASTIC SURGERY

Morning Moderator: *Babak Azizzadeh, MD, FACS*

7:00 – 8:00 A.M. Breakfast & Exhibits

8:00 – 8:10 Introduction *Babak Azizzadeh, MD, FACS*

8:10 – 9:00 Facial Reshaping Babak Azizzadeh, MD

9:00 – 9:30 Septoplasty & Spreader Grafts:  
Endonasal and External Approach *Grant Hamilton, III, MD*

9:30 – 10:00 Recent Advances in Rhinoplasty Research *Deborah Watson, MD, FACS*

10:00 – 10:15 Question and Answer

10:15 – 10:30 Break & Exhibits

10:30 – 11:00 Nasal Tip Contouring in Rhinoplasty *Grant Hamilton, III, MD*

11:00 – 11:30 Special Guest: Three Decades of Comprehensive  
Cleft Care in Outreach Settings *Usama Hamdan, MD, FICS*

11:30 – 12:15 P.M. **PANEL DISCUSSION:**

Challenging Rhinoplasty Case Presentation

Moderator: *Donald Yoo, MD*

Panel: *Babak Azizzadeh, MD, FACS, Grant Hamilton, MD,  
Deborah Watson, MD, and Usama Hamdan, MD, FICS*

12:15 – 1:00 Lunch & Exhibits

## FACIAL REJUVENATION

Afternoon Moderator: *Andrew Cohen, MD*

1:00 – 2:00 Special Guest Bernard Sarnat Lecture: *Bahman Guyuron, MD, FACS*  
Facial Rejuvenation – Current Considerations

2:00 – 2:20 Facial Aging – *Val Lambros, MD, FACS*

2:20 – 3:20 Facial Rejuvenation – Current Considerations *Bahman Guyuron, MD*

3:20 – 3:35 Break & Exhibits

3:35 – 4:00 The Role of Skin Care in Surgical Outcome *Jennifer Segal, MD*

4:00 – 4:20 Endoscopic Browlifting: An Evolution in Technique *Guy Massry, MD*

4:20 – 4:35 Facial Rejuvenation *Val Lambros, MD, FACS*

4:35 – 5:30 **PANEL DISCUSSION:**

Facial Rejuvenation Case Presentation

Moderator: *Grace Peng, MD*

Panel: *Bahman Guyuron, MD, FACS, Val Lambros, MD, FACS,  
Jennifer Segal, MD, Babak Azizzadeh, MD, FACS, and Guy Massry, MD*

## Sunday, November 4, 2018

7:00 A.M. Breakfast & Exhibits

### RECONSTRUCTIVE SURGERY

Morning Moderator: *Guy Massry, MD*

7:45 - 8:00 Introduction *Babak Azizzadeh, MD, FACS, and Guy Massry, MD*

8:00 - 8:30 The ABCs of Post Blepharoplasty Lower Eyelid Retraction *Guy Massry, MD*

8:30 - 8:50 Cosmetic Surgery in the Prominent Eye Patient *Ray Douglas, MD, PhD*

8:50 - 9:20 Craniosynostosis: State of the Art *Reza Jarrahy, MD, FACS*

9:20 - 9:50 Selective Neurectomy: Novel Treatment for Partial Facial Paralysis *Babak Azizzadeh, MD, FACS*

9:50 - 10:00 Break & Exhibits

10:00 - 10:30 Comprehensive Management of Migraine Headaches *Jonathan Cabin, MD*

10:30 - 11:00 MOHS Nasal Reconstruction *Laura Hetzler, MD, FACS*

11:00 - 11:30 Multimodal Therapy for Complex Venous Malformation *Adam Johnson, MD, PhD*

11:30 - 12:20 P.M. **PANEL DISCUSSION:**

Role of Reconstructive/Cosmetic Surgery in Private & Academic Practice

Moderators: *Jonathan Cabin, MD, and Babak Azizzadeh, MD, FACS*

Panel: *Guy Massry, MD; Ray Douglas, MD, PhD; Reza Jarrahy, MD, FACS; Laura Hetzler, MD, FACS; and Adam Johnson, MD, PhD*

12:20 - 1:00 Lunch & Exhibits

### PLASTIC SURGERY

Afternoon Moderator: *Andrew Cohen, MD*

1:00 - 1:45 ALCL Update/Managing the Unhappy Patient *Steven Teitelbaum, MD, FACS*

1:45 - 2:15 Facial and Body Sculpture with Radiofrequency Assisted Lipolysis *Nicholas Nikolov, MD*

2:15 - 3:15 **PANEL DISCUSSION:**

Clash of the Titans - Controversies in Plastic Surgery

Moderator: *Andrew Cohen, MD*

Panel: *Steven Teitelbaum, MD, FACS; Nicholas Nikolov, MD; and Edward Ray, MD*

3:15 - 3:30 Break & Exhibits

3:30 - 4:00 Gender-Affirming Phalloplasty *Edward Ray, MD*

4:00 P.M. Adjourn

# FACULTY

## COURSE DIRECTORS

### **Babak Azzizadeh, MD, FACS**

Facial Plastic and Reconstructive Surgeon  
Attending Otolaryngologist, Division of Otolaryngology/Head and Neck Surgery  
Cedars-Sinai Medical Center

### **Andrew T. Cohen, MD**

Division of Plastic Surgery  
Cedars-Sinai Medical Center

### **Guy Massry, MD**

Ophthalmic Plastic and Reconstructive Surgeon  
Director, Ophthalmic Plastic Surgery  
Spalding Drive Cosmetic Surgery and Dermatology  
Beverly Hills, CA  
American Eye Institute  
Cedars- Sinai Medical Center

### **Randolph Sherman, MD**

Vice Chairman, Department of Surgery  
Cedars-Sinai Medical Center

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## GUEST FACULTY

### **Rebecca Fitzgerald, MD**

David Geffen School of Medicine at UCLA  
Rebecca Fitzgerald MD Dermatology

### **Bahman Guyuron, MD, FACS**

Case Western Reserve University  
Private Practice

### **Usama Hamdan, MD, FICS**

Global Smile Foundation  
Tufts University School of Medicine  
Harvard Medical School  
Boston University School of Medicine

### **Grant S. Hamilton, III, MD**

Mayo Clinic

### **Laura T. Hetzler, MD, FACS**

Mary Bird Perkins - Our Lady of the Lake  
Cancer Center

### **Reza Jarrahy, MD, FACS**

David Geffen School of Medicine at UCLA

### **Adam Johnson, MD, PhD**

Arkansas Children's Hospital

### **Jennifer M. Segal, MD**

Metropolitan Dermatology Institute  
Baylor College of Medicine  
Duke University Medical Center

### **Steven Teitelbaum, MD, FACS**

David Geffen School of Medicine at UCLA

### **Deborah Watson, MD, FACS**

UC San Diego Health

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## CEDARS-SINAI FACULTY

### **Jonathan Cabin, MD**

### **Raymond S. Douglas, MD, PhD**

### **Nicholas Nikolov, MD**

### **Grace Lee Peng, MD**

### **Edward Ray, MD, FACS**

### **Donald Yoo, MD, FACS**