



CEDARS-SINAI

DEPARTMENT OF PSYCHIATRY

Pain: State-of-the-Art Psychiatric and Medical Management

SATURDAY, JUNE 11, 2016

7:15 A.M. - 4:30 P.M.

Psychiatrists, internists, hospitalists, pain management specialists, family physicians, primary care physicians, and allied healthcare professionals will be updated on optimal management of patients who suffer from chronic pain and comorbid psychiatric problems.



ACKNOWLEDGMENT:

*We greatly appreciate support received from the
Ellen and Sidney R. Cooperman Endowed Lectureship Fund*

Cedars-Sinai Medical Center, Harvey Morse Auditorium
8701 Gracie Allen Dr., Los Angeles, CA 90048
310-423-5548

For the latest course information and to register, visit cedars-sinai.edu/cme and click on CME Courses.

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

Chronic pain represents a public health crisis that affects 12% of Americans and continues to grow. Psychiatric problems are highly prevalent among this population. While addressing psychiatric comorbidities is a consistent recommendation across chronic pain treatment guidelines, clinicians taking care of this population encounter a wide range of challenges, including but not limited to how to deal with personality disorders, comorbid addiction, refractory pain syndromes, and systems challenges such as the implementation of best practices in primary care, or hospitals.

The goal of this conference is to offer state-of-the-art education on interventions and approaches for dealing with psychiatric comorbidities among patients with chronic pain who present in medical settings. Methods of teaching will include lectures, clinical vignettes, and group discussions. Presenters and participants will use real-world case examples to provide clinical applications of presented material. The participants will acquire knowledge and skills in understanding pain management guidelines, the neurobiology of pain, substance use disorders, and overdose prevention. Organized at the birthplace of Consultation-Liaison Psychiatry at Cedars-Sinai Medical Center and featuring national experts in pain and psychiatry, this course is specially designed to meet the needs of psychiatrists and physicians who are interested in acquiring current knowledge about the application of evidence-based models during the course of providing and requesting psychiatric consultation in medical and surgical settings.

EDUCATIONAL OBJECTIVES

- Apply knowledge and skills in evaluating and managing special populations in medical and surgical settings, such as patients with pain, substance abuse, and psychiatric comorbidities
- Apply knowledge and skills to primary care integration of pain and addiction treatment
- Apply knowledge and skills in articulating the questions and expectations of a psychiatric consultation focused on addressing pain
- Apply learned knowledge in managing pain by integrating pain management guidelines and best practices in treating patients with acute and chronic pain

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category I credit as meeting the continuing education requirements for license renewal.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. Cedars-Sinai Medical Center assesses conflicts of interest with its faculty, planners, and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

We greatly appreciate the support received from the Ellen and Sidney R. Cooperman Endowed Lectureship Fund.

No commercial support has been received for this activity.

AGENDA

PAIN: STATE-OF-THE-ART PSYCHIATRIC AND MEDICAL MANAGEMENT

SATURDAY, JUNE 11, 2016

7:15 A.M. Registration and Continental breakfast

8:00 Introduction and overview
Itai Danovitch, MD

8:05 **KEYNOTE ADDRESS:**
The compassionate doctor, the drug-seeking patient, the narcissistic injury,
and the primitive defense
Anna Lembke, MD

9:05 Pharmacology of pain
Thomas Strouse, MD

10:00 Break

10:20 Epidemiology of opioid pain
Mark Edlund, MD, PhD

11:15 Primary care integration of pain and addiction treatment
Matthew Torrington, MD

12:30 P.M. Lunch and Table discussions
Course Faculty

1:30 Hospital-based management of the patient with multiple admission,
chronic pain, substance use disorder
Scott Fishman, MD

2:30 Break

2:40 CURES overview
Mike Small

3:40 Technological innovation and pain management
Albert "Skip" Rizzo, PhD

4:30 P.M. Adjourn

REGISTRATION

PAIN: STATE-OF-THE-ART PSYCHIATRIC AND MEDICAL MANAGEMENT

SATURDAY, JUNE 11, 2016

REGISTRATION FEES

Received by June 3, 2016

PHYSICIAN

\$140

ALLIED HEALTHCARE
PROFESSIONALS

\$95

Received after June 3, 2016

\$170

\$120

PARKING

Self-parking is available in parking lots 1, 2, and 4 for a nominal fee of \$10 for the day.

The registration fee includes CME credit, course materials, and continental breakfast.

WAYS TO REGISTER

ONLINE registration: visit cedars-sinai.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center

Office of Continuing Medical Education

Attn: Registration

8797 Beverly Blvd., Suite 250

Los Angeles, CA 90048

FAX form to: 310-423-8596

For additional course or registration information, call 310-423-5548.

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DEGREE _____ SPECIALTY _____

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PHONE _____ FAX _____

EMAIL _____

(will be used for all meeting materials and meeting confirmation)

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HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

- Brochure or other printed materials Cedars-Sinai CME website Email announcement
 Internet search (*Google, Yahoo, Bing, etc.*) Colleague Past participant
 Journal ads Other _____

CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address or fax number. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given after May 27, 2016. Please email cancellation request to cme@cshs.org. If you do not receive confirmation of your cancellation via e-mail, please call 310-423-5548.

CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

FACULTY

CEDARS-SINAI FACULTY

Waguih W. IsHak, MD, FAPA

Course Director

Vice Chairman for Education and Research
Department of Psychiatry and
Behavioral Neurosciences

Anna Solt, MD

Course Co-Director

Director, Consultation-Liaison Psychiatry
Clinical Chief
Department of Psychiatry and
Behavioral Neurosciences

GUEST FACULTY

Scott Fishman, MD

Professor of Anesthesiology
UC Davis School of Medicine
Chief of Pain Medicine
Vice Chair for Pain Medicine & Faculty Development
UC Davis Health System
Sacramento, CA

Mark J. Edlund, MD, PhD

Health Service Researcher
RTI International
Psychiatrist
Twin Falls, ID

KEYNOTE SPEAKER:

Anna Lembke, MD

Assistant Professor of Psychiatry and
Behavioral Sciences (Public Mental Health
and Population Sciences)
Stanford University School of Medicine
Stanford, CA

Albert “Skip” Rizzo, PhD

Research Scientist
Institute for Creative Technologies
Research Assistant Professor
USC Leonard Davis School of Gerontology
Director, Virtual Environments Lab
Integrated Media Systems Center
USC Viterbi School of Engineering
Los Angeles, CA

Itai Danovitch, MD, MBA

Chairman
Director, Addiction Psychiatry Clinical Services
Department of Psychiatry and
Behavioral Neurosciences

Mike Small

Department of Justice
Administrator II
California Department of Justice
Sacramento, CA

Thomas Strouse, MD

Professor and Vice Chair for Clinical Affairs
UCLA Department of Psychiatry
and Biobehavioral Sciences
Maddie Katz Chair in Palliative Care
Research and Education
Medical Director, Stewart and Lynda Resnick
Neuropsychiatric Hospital at UCLA
Los Angeles, CA

Matthew A. Torrington, MD

Family Practitioner, Addiction Medicine
Culver City, CA



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CONTINUING MEDICAL EDUCATION

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