



**CEDARS-SINAI**

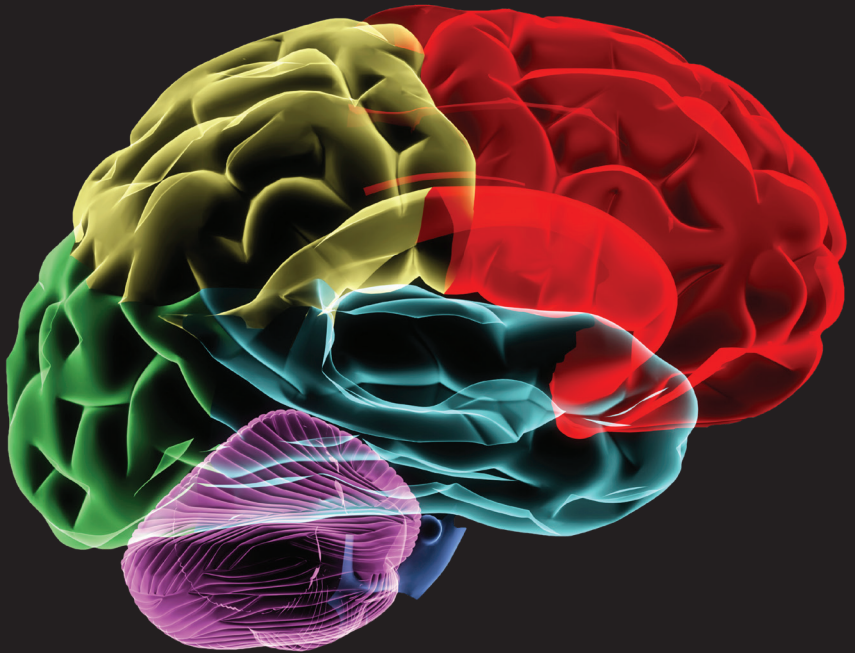
DEPARTMENT OF PHYSICAL  
MEDICINE AND REHABILITATION

# Pathways to Stroke Recovery and Rehabilitation

SATURDAY, SEPTEMBER 24, 2016  
7:30 A.M. TO 3:15 P.M.

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*This educational activity is intended for physiatrists, neurologists, internists, family practitioners, neurosurgeons and other healthcare providers who see patients with a stroke.*



## CONFERENCE LOCATION

Luxe Hotel Sunset Boulevard  
11461 Sunset Blvd.  
Los Angeles, CA 90049  
310-476-6571

*For the latest course information and to register,  
visit [cedars-sinai.edu/rehabcme](http://cedars-sinai.edu/rehabcme) and click on Register.*

# ACTIVITY INFORMATION

## COURSE DESCRIPTION

Stroke continues to be the leading cause of long-term disability. This course will focus on the latest research and clinical advances impacting the acute management and rehabilitation of stroke patients, including research in the fields of neuroscience and motor learning. Practical applications and evidence surrounding specific interventions will be discussed. Topics will include patient management within the first hour of a stroke; managing the critically ill stroke patient in acute care; neuroplasticity, motor learning and current evidence supporting rehabilitation interventions; use of technology; and integrating patient-centered care principles to support optimal recovery.

## TARGET AUDIENCE

This educational activity is intended for physical medicine and rehabilitation physicians, nurses and nurse practitioners, as well as physical, occupational and speech therapists and other clinicians involved in treating patients with a stroke.

## COURSE OBJECTIVES

- Describe key components of emergency stroke care that should occur within the first hour of a stroke
- Explain the most efficient types and dosing methods of therapy intervention, and design a comprehensive therapy treatment plan that produces the best functional outcomes for patients with a stroke
- Compare the benefits and limitations of using current available technology in rehabilitating patients with a stroke
- Summarize the best available evidence on current interventions used in stroke rehabilitation
- Integrate patient-centered care principles through the full continuum of stroke recovery

## ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



## CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live educational activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 credit as meeting the educational requirements for license renewal.

## ALLIED HEALTH PRACTITIONERS

Cedars-Sinai Medical Center is an approved provider for the Physical Therapy Board of California, American Occupational Therapy Association, California Speech-Language Pathology and Audiology Board, and the California Board of Behavioral Sciences.

This course meets the qualifications for 6.25 hours.

## POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity and scientific rigor in all its educational activities. Cedars-Sinai Medical Center assesses conflicts of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in the activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

## ACKNOWLEDGMENT

Educational grant support for the course is pending. Any commercial support received will be acknowledged at the meeting.

# AGENDA

|            |   |  |
|------------|---|--|
| 7:30 A.M.  | Registration and Continental Breakfast                          |  |
| 8:00       | Welcome and overview, pre-test                                  | <i>Richard Riggs, MD;</i><br><i>Pamela Roberts, PhD</i>  |
| 8:15       | Acute stroke care: Review of the literature                     | <i>Matthew Tenser, MD</i>  |
| 9:00       | Imaging techniques in acute stroke care                         | <i>Marcel Maya, MD</i>   |
| 9:45       | Break   |  |
| 10:00      | Rehabilitation options in critically ill patients with a stroke | <i>Michael Su, MD</i>  |
| 11:00      | Adjustment and coping in patients with a stroke                 | <i>Ann Gottuso, PhD</i>  |
| 11:45      | Lunch   |  |
| 12:30 P.M. | Stroke rehabilitation: Review of evidence and guidelines        | <i>Robert Teasell, MD</i>  |
| 1:30       | Approaches to rehabilitation: Case studies in PT, OT and SLP    | <i>Julia Nicholls, SLP;</i><br><i>Nadia Firdaus, OTR/L;</i><br><i>Lauren Kaldjian, PT, NCS</i> |
| 2:30       | Patient experience  | <i>Dominic Montelongo</i>  |
| 3:00       | Wrap up, post-test  |  |
| 3:15 P.M.  | Adjourn   |  |

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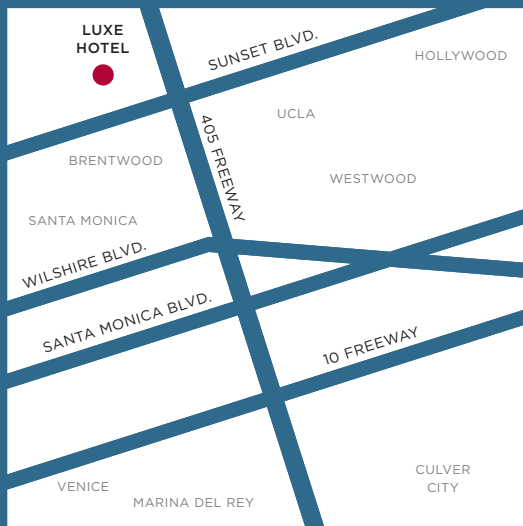
Luxe Hotel Sunset Boulevard  
11461 Sunset Blvd.  
Los Angeles, California 90049  
(310) 476-6571

## PARKING

Valet-only parking is available at the hotel.

## DIRECTIONS

Take the 405 freeway and exit at Sunset Blvd.  
Proceed west on Sunset Blvd. The Luxe Hotel  
will be on the north (right) side.



# REGISTRATION

## Pathways to Stroke Recovery and Rehabilitation – 2016

### REGISTRATION METHODS

**ONLINE** registration: [cedars-sinai.edu/cme](http://cedars-sinai.edu/cme) and click on CME Courses

**MAIL** form to: Cedars-Sinai Medical Center

Office of Continuing Medical Education, Attn: Registration

8797 Beverly Boulevard, Suite #250, Los Angeles, CA 90048

**FAX** form to: 310-423-8596

For further information, please call the Office of Continuing Medical Education at 310-423-5548 or 310-423-2935, or email [stokes@cshs.org](mailto:stokes@cshs.org)

### REGISTRATION FEES

|                        | PHYSICIAN | ALLIED HEALTH<br>PROFESSIONAL | RESIDENT/FELLOW ** |
|------------------------|-----------|-------------------------------|--------------------|
| RECEIVED BY 9/16/16    | \$ 185    | \$ 120                        | \$ 80              |
| RECEIVED AFTER 9/16/16 | \$ 235    | \$ 180                        | \$ 110             |

**THE REGISTRATION FEE INCLUDES CME CREDIT, COURSE MATERIALS AND MEAL FUNCTIONS.**

*\*\*Residents/Fellows are eligible to attend for a reduced registration fee. In order to receive this reduced fee, please send written proof of residency (e.g., letter from program director) along with your completed registration form, or upload the written proof of residency online.*

*please print clearly*

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

DEGREE \_\_\_\_\_ SPECIALTY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL\* \_\_\_\_\_

*\*An email address is required to register for the conference.*

CHECK ENCLOSED PAYABLE TO CSMC FOR \$ \_\_\_\_\_

PLEASE CHARGE MY CREDIT CARD  VISA  MASTERCARD  AMEX FOR \$ \_\_\_\_\_

CC NUMBER \_\_\_\_\_ CCV \_\_\_\_\_ EXP DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_

### HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Brochure/Other Printed Materials    | <input type="checkbox"/> Cedars-Sinai Website | <input type="checkbox"/> Email            |
| <input type="checkbox"/> Internet Search                     | <input type="checkbox"/> Colleague            | <input type="checkbox"/> Past Participant |
| <input type="checkbox"/> Internal Cedars-Sinai Communication | <input type="checkbox"/> Other _____          |   |

### CONFIRMATION

If you do not receive a confirmation by September 19, 2016, please call 310-423-5548 to confirm that you are registered.

### REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given after Friday, September 16, 2016.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

# FACULTY

## **CEDARS-SINAI MEDICAL CENTER COURSE DIRECTORS**

**Richard V. Riggs, MD**

Course Director

Chairman and Medical Director

Clinical Professor

Department of Physical Medicine  
and Rehabilitation

Vice-President and Chief Medical  
Information Officer

Cedars-Sinai Health System

**Pamela Roberts, PhD, OTR/L, SCFES,  
CPHQ, FAOTA, CPHQ, FNAP**

Course Co-Director

Director

Department of Physical Medicine  
and Rehabilitation

Director, Academic and Physician  
Informatics

Cedars Sinai Health System

## **CEDARS-SINAI MEDICAL CENTER FACULTY**

**Nadia Firdaus, OTR/L**

Occupational Therapist III

Outpatient Rehabilitation Services

**Ann Gottuso, PhD**

Fellow – Neuropsychology

**Lauren Kaldjian, PT I, NCS**

Physical Therapist

Outpatient Rehabilitation Services

**Marcel Maya, MD**

Co-Chairman

S. Mark Taper Foundation Imaging  
Center and Department,  
Interventional Neuroradiology

**Julia Nicholls, MA-CCC, SLP III**

Speech Language Pathologist

Outpatient Rehabilitation Services

## **GUEST FACULTY**

**Michael Su, MD**

Fellow - Neurorehabilitation

UCLA Geffen School of Medicine

Los Angeles, CA

**Robert Teasell MD, FRCP(C)**

Professor

Director, Research

Medical Director

Stroke Rehabilitation-Parkwood Hospital

London Ontario, Canada

**Matthew Tenser, MD**

Assistant Professor of Clinical

Neurological Surgery

Department of Neurology

Keck School of Medicine of USC

Los Angeles, CA



**CEDARS-SINAI**<sup>®</sup>

**CONTINUING MEDICAL EDUCATION**

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Los Angeles, CA 90048

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Permit #22328

*Register Now!*

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LOS ANGELES, CA 90048

