



13th Annual Women and Ischemic Heart Disease Symposium

Friday, May 10, 2019

COURSE DIRECTOR

C. Noel Bairey Merz, MD, FACC

CONFERENCE LOCATION

Cedars-Sinai Medical Center
Harvey Morse Conference Center
8700 Gracie Allen Dr.
Los Angeles, CA 90048

For the latest course information and to register, visit:
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California
CHAPTER



Offered in cooperation with the California Chapter of the American College of Cardiology and WomenHeart: The National Coalition for Women with Heart Disease.

ACTIVITY INFORMATION

The 13th Annual Women and Ischemic Heart Disease Symposium will explore gender-specific issues in coronary microvascular dysfunction, management of stable coronary artery disease (CAD), drug and device FDA approval and regulation, weight loss, and updates in diabetes guidelines and therapies. The conference will feature updates on gender medicine, menopause and perimenopause, and advances in precision medicine. An afternoon session will underscore important guideline recommendations for hypertension, cholesterol and depression, using a case-based approach.

The purpose of this conference is to close the knowledge gap of physicians and allied healthcare professionals regarding gender- and sex-specific differences in cardiovascular disease, the impact these differences have on treatment options, and the importance of identifying women at risk for cardiovascular disease, by utilizing the most current evidence-based treatment strategies for optimizing patient-centered care.

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NON-PHYSICIAN ATTENDANCE

Non-Physician Attendance (RN, NP, PA and Other Learners) Credit is provided to non-physicians who participate in activities that are designated for *AMA PRA Category 1 Credit(s)™*. The boards for AANP, NCCPA and ANCC accept courses approved by the ACCME for Category 1 Credit as meeting the continuing education requirements for license renewal.

REGISTRATION FEES

Physicians	\$240
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Use promo code **WIDR19** to receive \$50 off.

Non-Physicians	\$190
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Use promo code **WIAH19** to receive \$40 off.

Residents/Fellows	\$30
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Promo codes are valid until April 27, 2019.

To register, visit cedars.cloud-cme.com/wihdcme

AGENDA

7:15 A.M.	Registration, Breakfast and Exhibits
7:45	Introduction & Pre-test C. Noel Bairey Merz, MD
7:55	6th Annual Linda Joy Pollin Women's Heart Health Leadership Award RECIPIENT: Rita Redberg, MD Professor of Medicine Core Faculty, Philip R. Lee Institute for Health Policy Studies Editor, JAMA Internal Medicine UCSF Division of Cardiology
8:00	KEYNOTE: Dangerous Devices for Women: Why 'The Bleeding Edge' Gets It Right and How We Can Improve FDA Safety for Women SPEAKER: Rita Redberg, MD
9:00	Break and Exhibits
9:15	Menopause and Perimenopause CHAIR: Chrisandra Shufelt, MD SPEAKER: Cynthia Stuenkel, MD
9:40	Question & Answer
9:45	Management of Stable CAD: 2019 Update CHAIR: Mamoo Nakamura, MD SPEAKER: Janet Wei, MD
10:10	Question & Answer
10:15	Precision Medicine CHAIR: Jennifer Van Eyk, PhD SPEAKER: Susan Cheng, MD
10:40	Question & Answer
10:45	Weight Loss and Women's Heart Health CHAIR: Odelia Cooper, MD SPEAKER: Adrienne Youdim, MD
11:10	Question & Answer
11:15	Morning Panel Discussion PANELISTS: Rita Redberg, MD Chrisandra Shufelt, MD Cynthia Stuenkel, MD Mamoo Nakamura, MD Janet Wei, MD Jennifer Van Eyk, PhD Susan Cheng, MD Odelia Cooper, MD Adrienne Youdim, MD
11:40	The Art of Healing: WomenHeart and the National Hospital Alliance SPEAKER: Evan McCabe, RN
11:45	Lunch

12:30 P.M.	Barbra Streisand Women’s Heart Center Advocacy Update SPEAKER: C. Noel Bairey Merz, MD
1:2:35	Coronary Microvascular Dysfunction CHAIR: Bruce Samuels, MD SPEAKER: Amir Lerman, MD
1:00	Question & Answer
1:05	East-West Medicine and Women’s Heart Health CHAIR: Janet White, MD SPEAKER: Puja Mehta, MD
1:30	Question & Answer
1:35	Diabetes Guidelines and Emerging Therapies CHAIR: Mark Goodarzi, MD SPEAKER: Anne Louise Peters, MD
2:00	Question & Answer
2:05	Updated Review of Guidelines for Primary Prevention or Case Presentations Medical Therapy of Hypertension SPEAKER: Florian Rader, MD Cholesterol SPEAKER: Margo Minissian, PhD Depression SPEAKER: Waguilh Ishak, MD
2:35	Afternoon Panel Discussion PANELISTS: Bruce Samuels, MD Amir Lerman, MD Janet White, MD Puja Mehta, MD Mark Goodarzi, MD Anne Louise Peters, MD Florian Rader, MD Margo Minissian, PhD Waguilh Ishak, MD
3:00	Post-test
3:05	Adjourn
3:05 P.M.	Afternoon Tea with Dr. Bairey Merz, Faculty and Participants (Optional)

FACULTY

COURSE DIRECTOR

C. Noel Bairey Merz, MD, FACC

Medical Director, Barbra Streisand Women's Heart Center
Director, Preventive and Rehabilitative Cardiac Center
Director, Cedars-Sinai Clinical Scholars Program
Director, Linda Joy Pollin Women's Heart Health Program
Director, Erika J. Glazer Women's Heart Research Initiative
Professor, Medicine
Department of Medicine, Division of Cardiology
Smidt Heart Institute
Cedars-Sinai Medical Center

GUEST FACULTY

Amir Lerman, MD, FACC

Mayo Clinic

Evan McCabe, RN, MN

WomenHeart: The National Coalition for
Women with Heart Disease

Puja Mehta, MD, FACC

Emory University School of Medicine

Anne Louise Peters, MD

Keck School of Medicine of USC

Rita Redberg, MD, MSc, FACC

University of California San Francisco

Cynthia Stuenkel, MD

University of California San Diego

CEDARS-SINAI FACULTY

Susan Cheng, MD

Odelia Cooper, MD

Mark Goodarzi, MD, PhD

Waguhih Ishak, MD

Margo Minissian, PhD, ACNP, FACC

Mamoo Nakamura, MD, FACC

Florian Rader, MD, FACC

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Jennifer Van Eyk, PhD

Janet Wei, MD, FACC

Janet White, MD

Adrienne Youdim, MD



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IN-DEPTH SYMPOSIUM EXPLORING SEX-SPECIFIC DIFFERENCES IN
CARDIOVASCULAR DISEASE, INCLUDING:

- Policy Work in Improving Women's Heart Health
- Menopause and Perimenopause
- Current Updates on the Management of Stable Coronary Artery Disease
- Precision Medicine
- Weight Loss and Women's Heart Health
- Coronary Microvascular Dysfunction
- East-West Medicine and Women's Heart Health
- Impact on Cholesterol and Cardiovascular Diseases (CVD)
- Guidelines and Emerging Therapies in Diabetes, Hypertension, Depression, Cholesterol and Women's Heart Health

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