



CEDARS-SINAI[®]
HEART INSTITUTE

CEDARS-SINAI HYPERTENSION CENTER

2016 Clinical Highlights Symposium

FRIDAY, FEBRUARY 26, 2016
7:15 A.M. TO 3:15 P.M.

CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Drive
Plaza Level, South Tower
Los Angeles, CA 90048



American Society of Hypertension
Certified Comprehensive Hypertension Center
www.cedars-sinai.edu/hypertension

For the latest course information and to register visit csmc.edu/cme and click on CME courses.



CEDARS-SINAI®

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Register Now for:

CEDARS-SINAI HYPERTENSION CENTER
2016 Clinical Highlights Symposium

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Earn up to **6.25 AMA PRA Category 1 Credits™**

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

Hypertension remains the leading preventable cause of cardiovascular disease and death in the world. The inaugural Cedars-Sinai Hypertension Center 2016 Clinical Highlights Symposium will provide participants with a comprehensive review of the latest diagnostic and therapeutic approaches to this complex and multifaceted disease, using a case-based approach.

Course content will include an update on the latest evidence from recent landmark clinical trials and state-of-the-art approaches to the diagnosis and management of hypertension in clinical practice. Topics will include the landmark SPRINT trial, drug and non-drug therapy, drug-resistant hypertension (including percutaneous intervention), adrenal hypertension, renal and renovascular hypertension.

The course format will be case-based lectures reviewing the latest evidence, recommendations and scientific principles to guide therapy for a wide-range of ambulatory patients with hypertension.

The Cedars-Sinai Hypertension Center is the only hypertension program in California to be certified as a Comprehensive Hypertension Center by the American Society of Hypertension (ASH)-the largest organization of clinical hypertension specialists and hypertension investigators in the United States. The Cedars-Sinai Hypertension Center provides comprehensive multi-specialty consultative care for patients with difficult-to-treat hypertension, secondary hypertension, and related conditions. The Center also has innovative National Institutes of Health (NIH)-funded research programs ranging from basic science on the immunologic basis of hypertension to a randomized clinical trial of a community-based barber-pharmacist-physician team approach to improve hypertension management in African-American men.

TARGET AUDIENCE

This course is designed for Internists, Family Medicine, Hospitalists, General Medicine, Pediatrics, Nephrologists, Cardiologists, Endocrinologists, OB/GYN, Pharmacists, Nurses, Nurse Practitioners, Physicians Assistants, and interested allied healthcare providers.

EDUCATIONAL OBJECTIVES

- Review the history of hypertension, current approaches and future trends
- Describe the most accurate methods of blood pressure monitoring for diagnosis and management of hypertension
- Describe the basic approaches to pharmacological management of hypertension, including resistant hypertension
- Review current methods in the diagnosis of pheochromocytoma and paraganglioma and approaches to treatment
- Describe the role of aldosterone in the pathophysiology and treatment of high blood pressure
- Apply culturally appropriate interventions and counseling on blood pressure and treatment adherence among minority patient populations
- Summarize treatment strategies for hypertension in patients with chronic kidney disease
- Recognize the importance of hypertensive heart disease as cardiovascular risk factor and implement specific treatment strategies for blood pressure control and cardiovascular risk reduction in patients with hypertensive heart disease
- Counsel patients regarding lifestyle changes to prevent or reduce the risk of hypertension
- Develop a comprehensive plan of care and monitoring for patients with diabetes, metabolic syndrome and other endocrine disorders
- Describe the unique management challenges in diagnosing and treating renovascular hypertension

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

TRAINING / CREDIT DISCLAIMER STATEMENT

While offering CME credit, this course is not intended to provide extensive training for certification in the field. Approval of category 1 credit by Cedars-Sinai Medical Center should not be construed as endorsement of any product.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Commercial support for this conference is pending and will be acknowledged at the conference.

We gratefully acknowledge the educational support received from the Sheila Kar Health Foundation whose mission is to improve our community's health by spreading and promoting education about health practices and disease prevention.

AGENDA

CEDARS-SINAI HYPERTENSION CENTER 2016 Clinical Highlights Symposium

FRIDAY, FEBRUARY 26, 2016

7:15 A.M.	Registration and Continental	
8:00	Welcome Remarks	<i>Ronald Victor, MD</i>
8:05	Hypertension: Yesterday, Today and Tomorrow	<i>Michael Weber, MD</i>
9:00	Initial Evaluation for Hypertension and State-of-the-Art Blood Pressure Monitoring	<i>Stanley Franklin, MD</i>
9:30	A Practical Approach to Hypertension Pharmacotherapy	<i>Ronald Victor, MD</i>
10:00	Break	
10:15	Diabetes, Hypertension and Metabolic Syndrome	<i>Michael Weber, MD</i>
10:45	Pheochromocytoma and Paraganglioma	<i>Run Yu, MD, PhD</i>
11:15	Primary Aldosteronism	<i>Odelia Cooper, MD</i>
11:45	Lunch	
12:15 P.M.	Renovascular Hypertension	<i>Vito Campese, MD</i>
12:45	Hypertensive Heart Disease	<i>Florian Rader, MD</i>
1:15	Break	
1:30	Lifestyle Modification and Non-Drug Therapy	<i>Sheila Kar, MD</i>
2:00	Hypertension in African-Americans and Minority Populations	<i>Anthony Reid, MD</i>
2:30	Hypertension in Chronic Kidney Disease	<i>Vito Campese, MD</i>
3:00	Closing Remarks	<i>Ronald Victor, MD</i>
3:15 P.M.	Adjourn	

ACTIVITY DETAILS

CONFERENCE LOCATION

Cedars-Sinai Medical Center
8701 Gracie Allen Drive
Harvey Morse Conference Center
Plaza Level, South Tower
Los Angeles, CA 90048

PARKING

Self-parking is available in parking lots 1, 2 and 4.



FACULTY

COURSE DIRECTOR

Ronald G. Victor, MD

Director, Cedars-Sinai Hypertension Center
Associate Director, Cedars-Sinai Heart Institute
Burns and Allen Chair in Cardiology Research
Professor of Medicine
Cedars-Sinai Medical Center
*ASH Clinical Hypertension Specialist

STEERING COMMITTEE MEMBERS

Stanley S. Franklin, MD

Nephrologist
Department of Medicine
Cedars-Sinai Medical Center
*ASH Clinical Hypertension Specialist

Sheila Kar, MD, FACC

Cardiologist & Past-Clinical Chief
Cedars-Sinai Heart Institute

Florian Rader, MD, MSc

Assistant Professor of Medicine
Co-Director of Clinic for Hypertrophic
Cardiomyopathy and Aortopathies
Cardiologist
Cedars-Sinai Hypertension Center
and Heart Institute
*ASH Clinical Hypertension Specialist

Anthony Reid, MD

Cardiologist
Cedars-Sinai Medical Center

KEYNOTE SPEAKERS

Vito M. Campese, MD

Professor of Medicine
Division Chief, Department of Nephrology
Keck School of Medicine at USC
Los Angeles, CA
*ASH Clinical Hypertension Specialist

Michael A. Weber, MD, FACP, FACC, FAHA

Professor of Medicine and Associate
Dean for Research
SUNY Downstate College of Medicine
Brooklyn, NY
*ASH Clinical Hypertension Specialist

COURSE FACULTY

Odelia B. Cooper, MD

Assistant Professor of Medicine
Division of Endocrinology,
Diabetes & Metabolism
Pituitary Center
Cedars-Sinai Medical Center
*ASH Clinical Hypertension Specialist

Run Yu, MD, PhD

Co-Director, Carcinoid and Neuroendocrine
Tumor Center
Attending Staff Physician
Division of Endocrinology, Diabetes,
and Metabolism
Cedars-Sinai Medical Center

*ASH (*American Society of Hypertension*)

REGISTRATION

Cedars-Sinai Hypertension Center 2016 Clinical Highlights Symposium FEBRUARY 26, 2016

REGISTRATION FEES

Received by 2/5/16

Received after 2/5/16

PHYSICIAN

\$150

\$175

**ALLIED HEALTH
PROFESSIONAL

\$75

\$100

*RESIDENT/FELLOW

free

\$25

**Residents/Fellows are eligible to attend at no charge or for a reduced registration fee. For this reduced fee, please send the written proof of residency (i.e. letter from Program Director) along with your completed registration form or upload the written proof of residency online.*

***Nurses; Nurse Practitioners; Physicians Assistants; Pharmacists; etc.*

REGISTRATION METHODS

ONLINE registration: csmc.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center

Office of Continuing Medical Education

Attn: Registration

8797 Beverly Boulevard, Suite #250

Los Angeles, CA 90048

FAX form to: 310-423-8596

For additional course or registration information call 310-423-5548.

Please print clearly

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**An email address is required to register for the conference.*

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AUTHORIZED SIGNATURE _____

HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

- Brochure/Other Printed Materials Cedars-Sinai Website Email
 Internet Search Colleague Past Participant
 Internal Cedars-Sinai Communication Other _____

CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

REFUND POLICY

All cancellations must be submitted in writing and refunds will be subject to a \$40 administrative charge. No refunds will be given after February 12, 2016.

CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.