



CEDARS-SINAI®

# The Urologic Management of the Aging Patient

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APRIL 16, 2016

Experts will review state-of-the-art management of prostate disease, male and female sexual dysfunction, androgen deficiency and urinary incontinence, and discuss nutrition and lifestyle factors that can optimize health.

## **COURSE DIRECTORS**

Hyung L. Kim, MD  
Stephen J. Freedland, MD

## **CONFERENCE LOCATION**

Cedars-Sinai Medical Center  
Harvey Morse Auditorium  
8701 Gracie Allen Drive  
Los Angeles, CA 90048

# ACTIVITY INFORMATION

## COURSE DESCRIPTION AND STATEMENT OF NEED

This conference is designed to address the urologic needs of an aging patient population in both men and women. As women age, they often experience pelvic prolapse, urinary incontinence and declining sexual function. The latest treatments and management strategies will be discussed at this conference.

There are also unique health care needs for men. It is clear that we've been overdiagnosing and overtreating prostate cancer. How did we get here? How do we avoid death from prostate cancer? Will new molecular tests help us find patients who require aggressive therapy for prostate cancer? Experts will review state-of-the-art management of benign prostatic hyperplasia (BPH), erectile dysfunction and androgen deficiency. We will also discuss the latest scientific data regarding nutrition and lifestyle factors for men.

Instructive patient cases will also be presented. The course combines didactic lectures and audience participation, allowing ample opportunity for questions and comments.

## OBJECTIVES

- Explain the arguments for and against PSA-based screening
- Review new molecular tests for risk-stratifying prostate cancer
- Explain the risks and advantages of the various management options for BPH
- Discuss the workup, evaluation, and treatments for erectile dysfunction
- Recommend life style modifications to optimize a man's health
- Discuss the workup and evaluation, including the role of urodynamics, in patients with urinary incontinence
- Discuss the role of surgical management for prolapse and urinary incontinence
- Discuss the pros and cons of treating female sexual dysfunction

## ACCREDITATION

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



## CREDIT DESIGNATION

Cedars-Sinai Medical Center designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only credits commensurate with the extent of their participation in the activity.

## NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the educational requirements for license renewal.

## POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity and scientific rigor in all of its educational activities. While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

## ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Commercial support for this conference is pending and will be acknowledged at the meeting.

# AGENDA

7:30 A.M. Registration, Breakfast & Exhibits

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8:25 Welcome & Introductions

*Hyung Kim, MD*

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## THE FEMALE PATIENT

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8:30 Rejuvenating the Pelvic Floor after Prolapse

*Jennifer Anger, MD*

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8:50 Management of Urinary Incontinence

*Karyn Eilber, MD*

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9:10 The Female “Viagra” (Pro vs. Con Debate)

*Jennifer Anger, MD and Karyn Eilber, MD*

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9:30 Break and Exhibits

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## THE MALE PATIENT

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10:00 Prostate Cancer: A Story of Overtreatment

*Timothy Daskivich, MD*

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10:20 Molecular Tests for Prostate Cancer Management

*Hyung Kim, MD*

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10:40 Management of BPH When Alpha-Blockers Aren’t Working

*Brian Benway, MD*

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11:00 Optimizing Nutrition and Lifestyle Factors for Men

*Stephen Freedland, MD*

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11:20 Erectile Dysfunction and Andropause

*Howard Kim, MD*

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11:40 Break and Exhibits

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12:00 P.M. Lunch and Q&A

**MODERATORS:** *Hyung Kim, MD and Stephen Freedland, MD*

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1:00 Adjourn

# REGISTRATION

## The Urologic Management of the Aging Patient

APRIL 16, 2016

### REGISTRATION FEES

	PHYSICIAN	ALLIED HEALTH PROFESSIONAL	*RESIDENT/FELLOW
Received by 3/21/16	<input type="checkbox"/> \$150	<input type="checkbox"/> \$120	<input type="checkbox"/> \$60
Received after 3/21/16	<input type="checkbox"/> \$180	<input type="checkbox"/> \$145	<input type="checkbox"/> \$75

*\*Residents/Fellows are eligible to attend for a reduced registration fee. In order to receive this reduced fee, please send the written proof of residency (i.e. letter from Program Director) along with your completed registration form or upload the written proof of residency online.*

### REGISTRATION METHODS

**ONLINE** registration: Visit [www.regonline.com/urology](http://www.regonline.com/urology)

**MAIL** form to: Cedars-Sinai Medical Center  
Office of Continuing Medical Education  
Attn: Registration  
8797 Beverly Boulevard, Suite #250  
Los Angeles, CA 90048

**FAX** form to: 310-423-8596

*For additional course or registration information call 310-423-5548.*

*Please print clearly*

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

DEGREE \_\_\_\_\_ SPECIALTY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

*\*An email address is required to register for the conference.*

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PLEASE CHARGE MY CREDIT CARD  VISA  MASTERCARD  AMEX FOR \$ \_\_\_\_\_

CC NUMBER \_\_\_\_\_ CCV \_\_\_\_\_ EXP DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_

### HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Brochure/Other Printed Materials    | <input type="checkbox"/> Cedars-Sinai Website | <input type="checkbox"/> Email            |
| <input type="checkbox"/> Internet Search                     | <input type="checkbox"/> Colleague            | <input type="checkbox"/> Past Participant |
| <input type="checkbox"/> Internal Cedars-Sinai Communication | <input type="checkbox"/> Other _____          |   |

### CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address or fax number. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

### REFUND POLICY

All cancellations must be submitted in writing and refunds will be subject to a \$45 administrative charge. No refunds will be given after April 4, 2016. Please e-mail cancellation request to [cme@cshs.org](mailto:cme@cshs.org). If you do not receive confirmation of your cancellation via e-mail, please call 310-423-5548.

### CANCELLATION POLICY

Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.

# CEDARS-SINAI MEDICAL CENTER FACULTY



**Hyung L. Kim, MD**  
*Course Co-Director*  
Medallion Chair in Urology  
Surgical Director  
of the Genitourinary  
Oncology Program



**Jennifer T. Anger, MD**  
Associate Director,  
Urological Research



**Stephen J. Freedland, MD**  
*Course Co-Director*  
Director,  
Center for Integrated Research  
in Cancer and Lifestyle  
Co-Director, Cancer Genetics  
and Prevention Program



**Karyn S. Eilber, MD**  
Associate Director,  
Urology Residency Program



**Brian M. Benway, MD**  
Director, Comprehensive  
Kidney Stone Program



**Howard H. Kim, MD**  
Director,  
Male Reproductive Medicine  
and Microsurgery



**Timothy J. Daskivich, MD**  
Director,  
Health Services Research,  
Department of Surgery

## ACTIVITY DETAILS

### PARKING

Self-parking is available in the visitor parking lots P1, P2 (George Burns Road) or P4 (Sherbourne Drive).

### HOTEL ACCOMMODATIONS

For a detailed list of hotels convenient to the medical center, please visit [www.csmc.edu/visitors](http://www.csmc.edu/visitors) select Patient & Visitor Information from the left navigation bar and then select Lodging from the Dining and Lodging section.

When making reservations at any of these hotels, please be sure to mention that you are attending a conference at Cedars-Sinai to ensure you are receiving the best current reservation rate.





**CEDARS-SINAI**<sup>®</sup>

**CONTINUING MEDICAL EDUCATION**

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Los Angeles, CA 90048

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*Join us on **April 16, 2016** in **Los Angeles** for:*

## **The Urologic Management of the Aging Patient**

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**Earn up to 4.0 AMA PRA Category 1 Credits<sup>™</sup>!**

### **FEATURED TOPICS**

- Prostate Cancer
- Benign Prostatic Hyperplasia
- Erectile Dysfunction and Andropause
- Nutrition and Lifestyle Factors
- Pelvic Prolapse and Urinary Incontinence
- Female Sexual Dysfunction

For the latest course information and to register visit [www.regonline.com/Urology](http://www.regonline.com/Urology) and click on CME courses.