The Urologic Management of the Aging Patient

APRIL 16, 2016

Experts will review state-of-the-art management of prostate disease, male and female sexual dysfunction, androgen deficiency and urinary incontinence, and discuss nutrition and lifestyle factors that can optimize health.

COURSE DIRECTORS
Hyung L. Kim, MD
Stephen J. Freedland, MD

CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Auditorium
8701 Gracie Allen Drive
Los Angeles, CA 90048

For the latest course information and to register visit www.regonline.com/Urology
ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

This conference is designed to address the urologic needs of an aging patient population in both men and women. As women age, they often experience pelvic prolapse, urinary incontinence and declining sexual function. The latest treatments and management strategies will be discussed at this conference.

There are also unique health care needs for men. It is clear that we’ve been overdiagnosing and overtreating prostate cancer. How did we get here? How do we avoid death from prostate cancer? Will new molecular tests help us find patients who require aggressive therapy for prostate cancer? Experts will review state-of-the-art management of benign prostatic hyperplasia (BPH), erectile dysfunction and androgen deficiency. We will also discuss the latest scientific data regarding nutrition and lifestyle factors for men.

Instructive patient cases will also be presented. The course combines didactic lectures and audience participation, allowing ample opportunity for questions and comments.

OBJECTIVES

• Explain the arguments for and against PSA-based screening
• Review new molecular tests for risk-stratifying prostate cancer
• Explain the risks and advantages of the various management options for BPH
• Discuss the workup, evaluation, and treatments for erectile dysfunction
• Recommend life style modifications to optimize a man’s health
• Discuss the workup and evaluation, including the role of urodynamics, in patients with urinary incontinence
• Discuss the role of surgical management for prolapse and urinary incontinence
• Discuss the pros and cons of treating female sexual dysfunction

ACCREDITATION

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Cedars-Sinai Medical Center designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only credits commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the educational requirements for license renewal.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity and scientific rigor in all of its educational activities. While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Commercial support for this conference is pending and will be acknowledged at the meeting.
7:30 A.M.  Registration, Breakfast & Exhibits

8:25  Welcome & Introductions  

**THE FEMALE PATIENT**

8:30  Rejuvenating the Pelvic Floor after Prolapse  
Jennifer Anger, MD

8:50  Management of Urinary Incontinence  
Karyn Eilber, MD

9:10  The Female “Viagra” (Pro vs. Con Debate)  
Jennifer Anger, MD and Karyn Eilber, MD

9:30  Break and Exhibits

**THE MALE PATIENT**

10:00  Prostate Cancer: A Story of Overtreatment  
Timothy Daskivich, MD

10:20  Molecular Tests for Prostate Cancer Management  
Hyung Kim, MD

10:40  Management of BPH When Alpha-Blockers Aren’t Working  
Brian Benway, MD

11:00  Optimizing Nutrition and Lifestyle Factors for Men  
Stephen Freedland, MD

11:20  Erectile Dysfunction and Andropause  
Howard Kim, MD

11:40  Break and Exhibits

12:00 P.M.  Lunch and Q&A  
**MODERATORS:** Hyung Kim, MD and Stephen Freedland, MD

1:00  Adjourn
The Urologic Management of the Aging Patient
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REGISTRATION FEES  PHYSICIAN  ALLIED HEALTH PROFESSIONAL  *RESIDENT/FELLOW

Received by 3/21/16  □ $150  □ $120  □ $60
Received after 3/21/16  □ $180  □ $145  □ $75

*Residents/Fellows are eligible to attend for a reduced registration fee. In order to receive this reduced fee, please send the written proof of residency (i.e. letter from Program Director) along with your completed registration form or upload the written proof of residency online.

REGISTRATION METHODS

ONLINE registration: Visit www.regonline.com/urology

MAIL form to: Cedars-Sinai Medical Center
Office of Continuing Medical Education
Attn: Registration
8797 Beverly Boulevard, Suite #250
Los Angeles, CA 90048

FAX form to: 310-423-8596

For additional course or registration information call 310-423-5548.

Please print clearly

LAST NAME ____________________________ FIRST NAME ____________________________

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* An email address is required to register for the conference.

CHECK ENCLOSED PAYABLE TO CSMC FOR $ ____________________________

PLEASE CHARGE MY CREDIT CARD □ VISA □ MASTERCARD □ AMEX FOR $ __________

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HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

□ Brochure/Other Printed Materials  □ Cedars-Sinai Website  □ Email

□ Internet Search  □ Colleague  □ Past Participant

□ Internal Cedars-Sinai Communication  □ Other ____________________________

CONFIRMATION
In order to receive a registration confirmation, please provide your e-mail address or fax number. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

REFUND POLICY
All cancellations must be submitted in writing and refunds will be subject to a $45 administrative charge. No refunds will be given after April 4, 2016. Please e-mail cancellation request to cme@cshs.org. If you do not receive confirmation of your cancellation via e-mail, please call 310-423-5548.

CANCELLATION POLICY
Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.
Hyung L. Kim, MD  
*Course Co-Director*  
Medallion Chair in Urology  
Surgical Director of the Genitourinary Oncology Program

Stephen J. Freedland, MD  
*Course Co-Director*  
Director, Center for Integrated Research in Cancer and Lifestyle  
Co-Director, Cancer Genetics and Prevention Program

Howard H. Kim, MD  
Director, Male Reproductive Medicine and Microsurgery

Jennifer T. Anger, MD  
Associate Director, Urological Research

Karyn S. Eilber, MD  
Associate Director, Urology Residency Program

Brian M. Benway, MD  
Director, Comprehensive Kidney Stone Program

Timothy J. Daskivich, MD  
Director, Health Services Research, Department of Surgery

**ACTIVITY DETAILS**

**PARKING**

Self-parking is available in the visitor parking lots P1, P2 (George Burns Road) or P4 (Sherbourne Drive).

**HOTEL ACCOMMODATIONS**

For a detailed list of hotels convenient to the medical center, please visit www.csmc.edu/visitors select Patient & Visitor Information from the left navigation bar and then select Lodging from the Dining and Lodging section.

When making reservations at any of these hotels, please be sure to mention that you are attending a conference at Cedars-Sinai to ensure you are receiving the best current reservation rate.
Join us on April 16, 2016 in Los Angeles for:

The Urologic Management of the Aging Patient

Earn up to 4.0 AMA PRA Category 1 Credits™!

FEATURED TOPICS
• Prostate Cancer
• Benign Prostatic Hyperplasia
• Erectile Dysfunction and Andropause
• Nutrition and Lifestyle Factors
• Pelvic Prolapse and Urinary Incontinence
• Female Sexual Dysfunction

For the latest course information and to register visit www.regonline.com/Urology and click on CME courses.